



# 2024 ONTARIO WINTER GAMES

February 16-18, 2024

## Mandatory Common Liquid Glide Wax Protocol - February 17th Sprint Qualifier and relay - February 18th Interval Start Classic

The mandatory common wax protocol at this year's Ontario Winter Games is aimed at providing an inclusive opportunity for all athletes and coaches by ensuring they have the tools and support necessary for a successful race experience. As such, we will be using a common liquid glide wax **for both the Saturday and Sunday races.**

### *How will this work?*

- XCSO's Technical Director, Bryan Dubeau, will be onsite and shall distribute liquid glide wax products and be the primary information contact for coaches. (<mailto:techdirector@xcskiontario.ca>)
- Teams will continue to use designated wax areas and wax areas they are accustomed to using (i.e., own trailers).
- Application of the liquid glide wax is mandatory.
- All wax areas will remain clear of all glide wax not prescribed by the XCSO's Technical Director.
- Coaches and wax techs are responsible for their own structure tools.
- Liquid glide wax is to be applied according to the manufacturer's product label on a cleaned ski.
- Additional products cannot be applied on top of the liquid glide wax.

### *What will be provided?*

- A liquid application, non-fluoro glide wax in one of three temperature ranges. Enough for one pair of skis per athlete, per race.
- The supplier of the wax was awarded to Canadian Winter Sports through a competitive bid process. Rode RXL Fluoro-free Racing Extra Liquid glider will be the wax being supplied. <https://skiwax.ca/products/rode-rxl-extra-racing-liquid-med>
- Teams are required to use their own brushes and tools.
- These will be the only glide waxes permitted in the waxing areas.

### *What will NOT be provided?*

- Grip waxes will not be provided.
- As per ICR-CCR 222.8, the use of fluorinated wax or tuning products containing fluorine including kick wax, is not allowed for all categories. For guidance, refer to [Nordiq Canada's Wax Tech Resources](#) page.
- Grip cleaner and base cleaner will not be provide