

District	Total Points	
NCD	1701.66	The top 15 men and top 15 Women per District based on final CPL sprint OR Distance will be published as a District Team
LSSD	1606.25	The goal of this list is to provide a reference for younger skiers to help measure their relative progression and as a metric of the relative strength of each district within Ontario
NOD	1521	
SOD	1463.94	Top 10 skiers

NCD Women

Last Name	First Name	YOB	Club	Sprint	Distance	Best
Lyons	Jasmine	2002	Nakkertok Nordic (Ontario)	86.43	92.74	92.74
Stewart	Anna	2003	Nakkertok Nordic (Ontario)	88.07	85.8	88.07
Mason	Katherine	2001	Nakkertok Nordic (Ontario)	86.57	82.34	86.57
Hegan	Clara	2005	Nakkertok Nordic (Ontario)	86.24	82.43	86.24
Semeniuk	Katya	2003	Nakkertok Nordic (Ontario)	84.31	85.09	85.09
Frank	Addison	2006	Nakkertok Nordic (Ontario)	84.88	80.04	84.88
Tremblay	Sophie	2002	Nakkertok Nordic (Ontario)	84.5	74.63	84.5
Rousseau	Shilo	2000	Nakkertok Nordic (Ontario)	83.56	79.52	83.56
McCulligh	Helen	2004	Kanata Nordic	82.94	82.58	82.94
Semeniuk	Anna	2005	Nakkertok Nordic (Ontario)	82.16	79.06	82.16
Marshall	Mya	2005	Chelsea Nordiq (Ontario)	81.75	79.49	81.75
Mason	Katherine	2004	Nakkertok Nordic (Ontario)	79.97	74.93	79.97
Ranahan	Chloe	2000	Carleton University Nordic Ski Team	79.91	76.48	79.91
Dunn	Erin	2003	Nakkertok Nordic (Ontario)	79.9	76.37	79.9
Macintosh	Katherine	2003	Nakkertok Nordic (Ontario)	78.5	73.55	78.5

NCD Men

Last Name	First Name	YOB	Club	Sprint	Distance	Best
Allan	Luke	2003	Nakkertok Nordic (Ontario)	90.3	90.36	90.36
Pelchat	Guillaume	2002	Pembroke & Area Cross Country Ski Club Inc.	89.63	86.63	89.63
Mason	Robin	2003	Nakkertok Nordic (Ontario)	84.53	87.77	87.77
Fortin	Isaac	2003	Nakkertok Nordic (Ontario)	84.73	82.69	84.73
Pegrum	Devon	2000	Nakkertok Nordic (Ontario)	82.81	84.33	84.33
Audet-Welke	Julien	2003	Nakkertok Nordic (Ontario)	82.94	82.54	82.94
Guerout	Raphael	2002	Nakkertok Nordic (Ontario)	80.4	81.79	81.79
Newcomb	Ogen	2002	Carleton University Nordic Ski Team	81.53	79.33	81.53
Gauthier	Antoine	2004	Skinouk (Ontario)	81.11	79.85	81.11
Hoferek	Zari	2004	Nakkertok Nordic (Ontario)	80.72	70.94	80.72
Littlejohn	Jake	2004	Carleton University Nordic Ski Team	80.25	78.07	80.25
Laliberte	Tristan	2003	Nakkertok Nordic (Ontario)	74.86	77.99	77.99
Sankey	Levi	2007	Nakkertok Nordic (Ontario)	77.92	68.72	77.92
Brooks	Owen	2004	Nakkertok Nordic (Ontario)	77.44	70.75	77.44
Mason	Oliver	2006	Nakkertok Nordic (Ontario)	77.38	68	77.38

SOD Women

Last Name	First Name	YOB	Club	Sprint	Distance	Best
Jaklova	Anna	2005	Lifeski Academy Ski Club	84.91	79.25	84.91
Vurma	Anna	2009	Team Hardwood	76.04	70.86	76.04
Waite	Elle	2006	Team Hardwood	72.99	71.78	72.99
Arai	Emiko	2000	Waterloo Region Nordic Sports Club	72	71.82	72
Dowling	Ellie	2006	Waterloo Region Nordic Sports Club	71.67	63.14	71.67
Marchant	Beth	2006	Team Hardwood	71.51	69.53	71.51
Shannon	Julia	2002	Georgian Nordic Outdoor Activity Centre	71.19	70.03	71.19
Harris	Anna	2002	Kawartha Nordic Ski Club	68.81	70.67	70.67
Cornell	Sabine	2008	Highlands Trailblazers	68.18	63.58	68.18
Timms	Alex	2007	Highlands Trailblazers	67.97	60.48	67.97
Nelson	Aleida	2007	Georgian Bay Nordic	67.32	62.42	67.32
Ryan	Holly	2008	Team Hardwood	67.31	62.28	67.31
Marshall	Taylor	2001	Georgian Nordic Outdoor Activity Centre	65.32	67.23	67.23
Wardell	Janna	2002	Bruce Ski Club	64.9	65.7	65.7
Smith	Mia	2006	Georgian Nordic Outdoor Activity Centre	64.15	65.38	65.38

SOD Men

Last Name	First Name	YOB	Club	Sprint	Distance	Best
Ochrym	Theodore	2004	Team Hardwood	84.53	81.85	84.53
Ryan	Liam	2006	Team Hardwood	82.36	75.77	82.36
Vurma	Erik	2006	Team Hardwood	75.89	76.07	76.07
Wiersma	Percy	2008	Team Hardwood	72.65	68.75	72.65
Golisky	Nathan	2006	Team Hardwood	71.95	71.26	71.95
Unger	Erik	2005	Lifeski Academy Ski Club	0	71.73	71.73
Armstrong	Evan	2005	Kawartha Nordic Ski Club	67.3	69.95	69.95
Hajek	Thomas	2008	Team Hardwood	69.91	66.59	69.91
Pengra	Ewan	2007	Georgian Nordic Outdoor Activity Centre	69.38	65.73	69.38
Koot	Jonathan	2001	Polecats (Wildwood)	68.28	67.11	68.28
Nelson	Aidan	2005	Georgian Bay Nordic	0	66.98	66.98
Woodman	Eily	2006	Waterloo Region Nordic Sports Club	62.34	66.79	66.79
Pedersen	James	2005	Highlands Trailblazers	63.19	66.28	66.28
Sonoski	Liam	2002	Waterloo Region Nordic Sports Club	63.55	65.4	65.4
Marshall	Liam	2002	Georgian Nordic Outdoor Activity Centre	0	65.36	65.36

LSSD Women

Last Name	First Name	YOB	Club	Sprint	Distance	Best
Cullinan	Sarah	2004	Big Thunder Nordic Ski Club	83.27	82.96	83.27
Zavitz	Hannah	2004	Lappe Nordic Ski Club	79.02	74.85	79.02
Puiras	Maaritta	2006	Lappe Nordic Ski Club	78.62	77.29	78.62
Ailey	Brooke	2004	Lappe Nordic Ski Club	76.86	68.97	76.86
Dobson	Min	2007	Lappe Nordic Ski Club	75.97	69.3	75.97
Thompson	Mackenzie	2007	Big Thunder Nordic Ski Club	75.29	69.45	75.29
Kiiskila	Sarah	2007	Big Thunder Nordic Ski Club	74.24	64.36	74.24
Levkoe-Stepher	Tzipi	2007	Lappe Nordic Ski Club	72.2	66.23	72.2
Nisula	Madison	2008	Big Thunder Nordic Ski Club	71.71	61.58	71.71
Hall	Kiera	2008	Lappe Nordic Ski Club	71.06	62.8	71.06
Lutes	Sarah	2000	Big Thunder Nordic Ski Club	69.8	70.68	70.68
Scheifele	Alex	2002	Big Thunder Nordic Ski Club	69.08	68.26	69.08
Thompson	Jillian	2009	Big Thunder Nordic Ski Club	68.22	49.47	68.22
Ailey	Charlotte	2007	Lappe Nordic Ski Club	67.93	62.62	67.93
Moffatt	Hazel	2010	Lappe Nordic Ski Club	67.92	52.12	67.92

LSSD Men

Last Name	First Name	YOB	Club	Sprint	Distance	Best
Hollmann	Max	2002	Big Thunder Nordic Ski Club	88.54	93.88	93.88
Randall	Nicholas	2000	Big Thunder Nordic Ski Club	90.8	86.65	90.8
Schlyter	Erik	2001	Big Thunder Nordic Ski Club	87.16	79.3	87.16
Randall	Alexander	2002	Big Thunder Nordic Ski Club	86.55	79.37	86.55
Sarrazin	Edgar	2005	Lappe Nordic Ski Club	84.3	84.62	84.62
Martel	Cedric	2006	Lappe Nordic Ski Club	82.53	80.78	82.53
Van Duyn	Willem	2006	Big Thunder Nordic Ski Club	81.5	82.47	82.47
Zavitz	Josh	2002	Lappe Nordic Ski Club	79.75	81.54	81.54
Pollex	Luke	2003	Big Thunder Nordic Ski Club	79.05	80.49	80.49
Abbink	Willem	2007	Lappe Nordic Ski Club	77.97	70.25	77.97
Jones	Mikkai	2007	Lappe Nordic Ski Club	77.84	74.25	77.84
Symonds	Eagan	2005	Big Thunder Nordic Ski Club	77.55	71.79	77.55
Vanlenthe	Samuel	2007	Big Thunder Nordic Ski Club	73.67	65.9	73.67
McNab	Huntington	2007	Big Thunder Nordic Ski Club	70.59	65.29	70.59
Turek	Justin	2007	Big Thunder Nordic Ski Club	69.44	64.75	69.44

NOD Women							NOD Men						
Last Name	First Name	YOB	Club	Sprint	Distance	Best	Last Name	First Name	YOB	Club	Sprint	Distance	Best
Tremblay	Madeleine	2005	Walden Cross Country	72.77	65.16	72.77	Mashinter	Kendyn	2002	Walden Cross Country	90.81	85.24	90.81
Cutler	Hannah	2001	Laurentian Nordic Ski Club	69.27	72.09	72.09	Mahaffy	Max	2002	Walden Cross Country	88.08	84.14	88.08
Tucker	Ella	2003	North Bay Nordic Ski Club	71.54	69.91	71.54	Hutton	Joe	2001	North Bay Nordic Ski Club	86.16	79.35	86.16
West	Margot	2004	Laurentian Nordic Ski Club	70.16	70.61	70.61	Sullivan	Noah	2000	North Bay Nordic Ski Club	81.42	79.26	81.42
Pineau	Lauren	2006	Walden Cross Country	70.07	70.47	70.47	Aarts	Ethan	2003	North Bay Nordic Ski Club	81.33	80.67	81.33
Schweyer	Jaime	2001	Laurentian Nordic Ski Club	67.79	70.21	70.21	Wiss	Patrick	2004	Walden Cross Country	81.15	79.26	81.15
Kusnierczyk	Meredith	2002	Laurentian Nordic Ski Club	70.15	68.46	70.15	Wiss	Callum	2008	Walden Cross Country	78.13	71.24	78.13
De Beer	Kate	2008	Soo Finnish Nordic Ski Club	69.73	61.46	69.73	Marks De Chab	Augustin	2001	Laurentian Nordic Ski Club	63.01	77.91	77.91
Asfeldt	Kaisa	2004	Laurentian Nordic Ski Club	0	68.4	68.4	Ward	Kaeden	2005	Walden Cross Country	77.45	77.12	77.45
Goudie	Faith	2001	Laurentian Nordic Ski Club	64.06	67.74	67.74	Tremblay	Sebastien	2001	Laurentian Nordic Ski Club	74.85	69.98	74.85
Cuza	Finlay	2006	Walden Cross Country	66.76	58.37	66.76	Joiner	Russell	2006	Walden Cross Country	73.53	68.08	73.53
Dubeau	Genevieve	2005	Walden Cross Country	65.82	61.53	65.82	Locking	Reid	2001	North Bay Nordic Ski Club	72.36	0	72.36
Kukulka	Chantal	2008	Porcupine Ski Runners	65.69	60.4	65.69	Desilets	Isaac	2006	Temiskaming Nordic Ski Club	72.05	69.73	72.05
Kukulka	Nicole	2008	Porcupine Ski Runners	64.79	57.98	64.79	Burse	Laydon	2002	Laurentian Nordic Ski Club	0	71.36	71.36
Nener	Maija	2007	Walden Cross Country	63.71	58.79	63.71	Peake	Micah	2004	Soo Finnish Nordic Ski Club	68.56	62.7	68.56