

*Head West, fellow skiers - there's a new race event in town!*



**Race Notice**  
**SUNDAY FEBRUARY 12th 2023**





Kanata Nordic is pleased to welcome your participation in the first edition of the Corkstown Classic at Wesley Clover Parks. This course traverses the WCP dressage fields, winds its way through groves and will certainly challenge your footwork on some of the fun twists and turns in the Watts Woods.

This event will be Classic technique and features distances of 7 km for U16 and older; 3.5 km for U12 - U14; and 1.5 km for the U10 and under skiers.

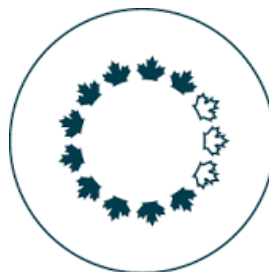
This race is part of the National Capital District (NCD) series for our local area's developing skiers.

We look forward to hosting the skiers, their families and support clubs and coaches on our trails!

**Nigel Wallis**  
Kanata Nordic President

**Andy Weekes**  
Race Director

**Megan McAllister**  
Assistant Race Director



**CCN**  
**NCC**

## General Information

Event	Corkstown Classic 2023
Organizer	Kanata Nordic Ski Club
Contact	knskiclub@gmail.com or racing@kanatanordic.ca
Location	Wesley Clover Parks Equestrian sector 401 Corkstown Road Ottawa
Date & Time	Sunday Feb 12, 2023 9 AM start
Format	Interval Start - Classic Technique
Information	Registration, race notice, maps, start lists will be on the <a href="#">Zone 4 event page</a>

## Important Dates

Time	Event	Location
Wednesday February 8, 2023		
11:59PM	Registration Closes	<a href="#">Zone4 Event page</a>
Saturday February 11, 2023		
12:00PM	Start List Posted	<a href="#">Zone4 Event page</a> (& E-mailed to participants)
Sunday February 12, 2023		
7:30AM	Bib Distribution and Race Office Opens	Race Office (trailer)
9:00	First Race Start (7km)	Stadium

## **Registration**

Open until Wednesday February 8th at 11:59PM on Zone4. No race day registration accepted.

## **Confirmation List**

The confirmation list will be available on the [Zone4.ca event page](#). Please review the list upon registration to ensure details are correct. In case of any errors, you must contact the organizers before Friday February 10th at 4pm by emailing [knskiclub@gmail.com](mailto:knskiclub@gmail.com) and putting athletes name and 'RACE ERROR' in the subject line.

## **Start List**

The start list will be posted on the [Zone4 Event page](#) on Saturday February 11th by 12:00PM.

## **Sanction**

The Corkstown Classic is part of the NCD (National Capital District) race series. NCD points will be awarded as follows: Points are awarded on the basis of 15 points for first place, 13 for second place and 11 for third place, finishers from fourth place to twelfth place will receive one less point each (10,9,8,etc), all finishers after twelfth place receive 1 point each.

## **Competition Rules for Classic Technique**

Nordiq Canada rules apply. Please review and abide by rules for classic technique races.

Poles must be no longer than 83% of the skiers height for classical events.

Where there are one or more set tracks, repeatedly changing or stepping in and out of tracks is not allowed.

Single and double-skating is not allowed.

## **Eligibility**

Anyone may participate in this race. All U14+ racers must either possess a Nordiq Canada race license, a SFQ license (Québec) or purchase an Nordiq Canada Supporting Day Member License (SDML) during registration on Zone4.

## **Race Distances**

Distances raced will be determined by racer's age category as follows:

Age	Distance
U8 & U10 Male and Female	1.5 km
U12 & U14 Male and Female	3.5 km
U16 & Older Male & Female	7 km (2x3.5km)
Para-nordic	Upon request. Please contact the organizers at <a href="mailto:knskiclub@gmail.com">knskiclub@gmail.com</a> or <a href="mailto:racing@kanatanordic.ca">racing@kanatanordic.ca</a>

## **Registration Fees**

Payable during registration on Zone4.

U8 to U10 - 1.5 km : \$15 (transaction fees extra)

U12 to U14 - 3.5 km : \$20 (transaction fees extra)

U16 & Older - 7 k : \$25 (transaction fees extra)

Para-nordic: dependent upon distance

## **Waxing Protocol**

This race is a no-fluoro event. Only Non-Fluoro (NF) glide waxes are permitted to be used. Race participants are prohibited from using High-fluoro (HF), medium-fluoro (MF) or low-fluoro glide waxes, including HF or MF powders, pucks, blocks and liquids. This includes the use of cold weather powder additives & hardeners.

It is the responsibility of the athletes, coaches and parents to adhere to this guideline.

## **Waxing Area**

While no indoor waxing facilities are available onsite, there will be a designated area where teams may set up their own tent and/or waxing tables.

## **On-Site Power**

There is no onsite power for ski preparation.

## **Timing and Results**

Timing will be carried out by Sportstats. Participants will wear a timing chip. Results will be available soon after each race is complete, both online and posted to our notice board.

## **Bib Pick Up**

Bib pick-up will take place outside of the Race Office (trailer), located near the parking lot and stadium. Bib pick up will start at 7:30AM on race day.

\*For clubs with over 20 racers, bibs will be organized and grouped in bags and handed out to coaches/coordinators responsible for specific age groups, i.e. U14 male, U12 female etc..

\*\*Bibs must be returned upon crossing the finish line. There will be volunteers to assist with bib and timing chip removal in the finish area. Failure to return a bib will result in a \$50 charge to the club whose athlete did not return it.

## **Timing Chips**

Wearable timing chips will be distributed to athletes upon entry to the Stadium immediately prior to your start time. Failure to return your chip at the end of the race will result in a \$50 lost chip fee.

## **Course and Site Maps (see Appendix A)**

\*also available on [Event page](#)

## **Racer Refreshments**

Racers will be offered milk and a snack upon finishing. Limited numbers of nut free and gluten free options will be available(request in registration). Please ensure all recycling and waste gets appropriately disposed of on site.

## **Awards**

Awards will be presented as follows:

For U8 to U16 categories, the first three finishers of each year of birth (YOB) for both males and females.

For U18, U20 and Senior categories, the first three finishers for both male and female.

Awards presentations will be held at the end of the 7km races, at the end of the 3.5km races and at the end of the 1.5km races.

## **Parking**

Parking for race participants is available onsite at 401 Corkstown Road. Please be considerate of others and park in a manner to maximize parking space for others. Parking in the small upper lot will be off limits and spaces reserved for First Responder access. Please see maps on the [Zone4 Events page](#).

## **First Aid**

Provided by St. John Ambulance.



### **On Site Food**

Bake sale items available. Participants are responsible for bringing both food and water or warm drinks.

### **Door Prizes**

We wish to thank our sponsors for this event!

Most notably:

- *Kunstadt Sports for their support of The Kanata Nordic Race Team*
- *Fresh Air Experience - Kanata Nordic's Trailblazer Sponsor*
- Ben's BS
- Dairy Farmers of Ontario
- Equator Coffee Roasters
- Eurosports Ottawa
- Foodland
- Level Six
- Metro
- Natural Food Pantry

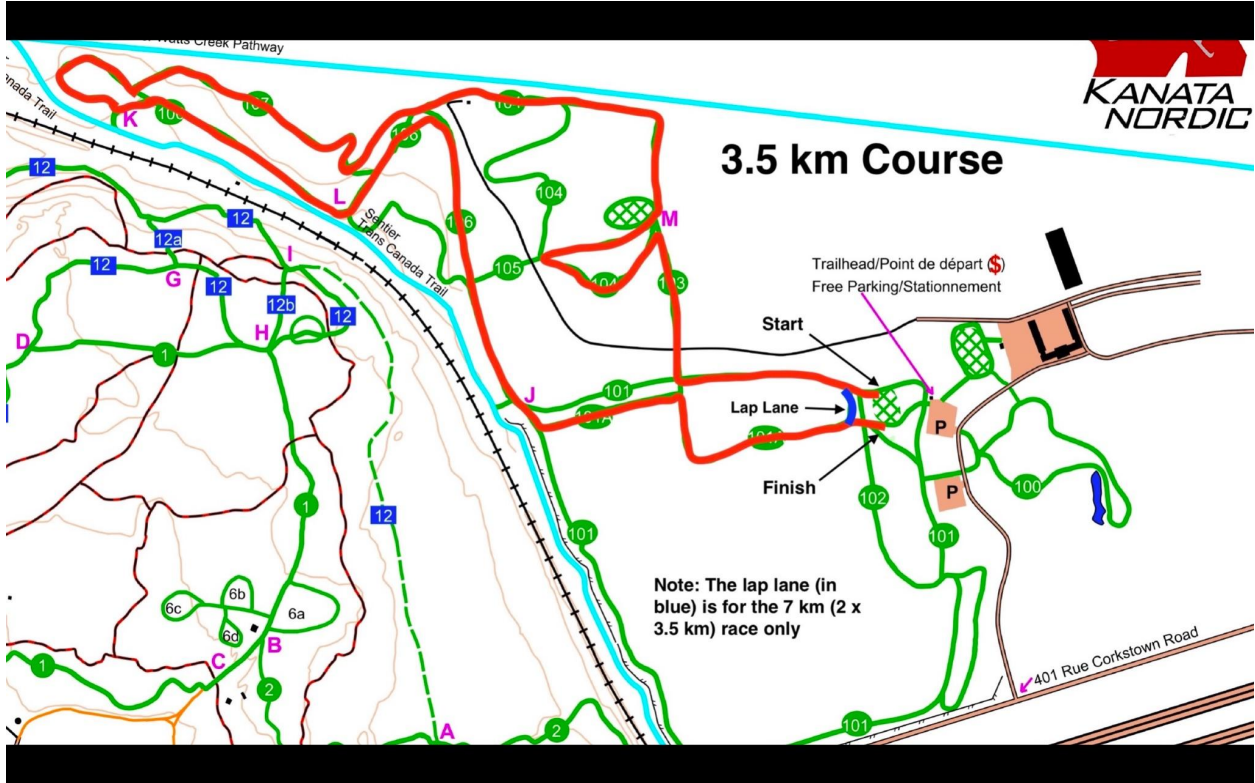
**Kanata Nordic would like to thank Wesley Clover Parks for their continued support of our ski club!**



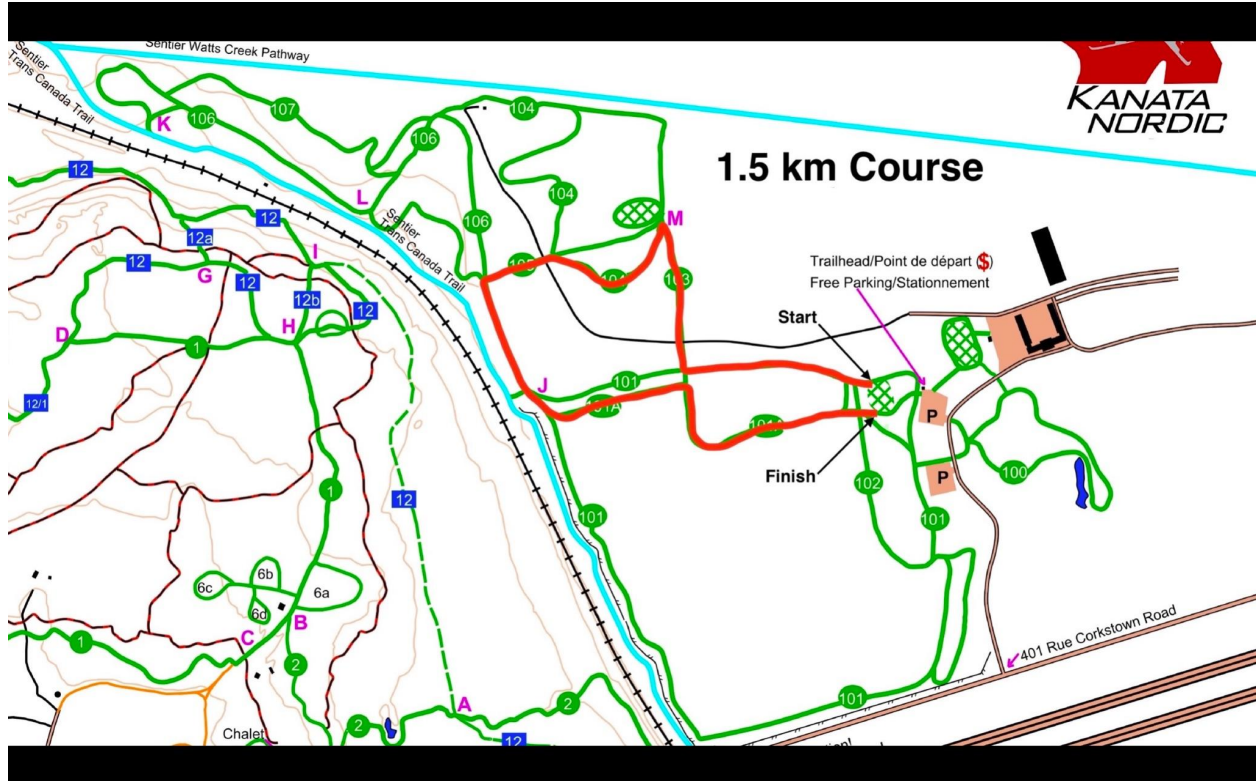
Thank you to our event supporters for helping make this race a success!



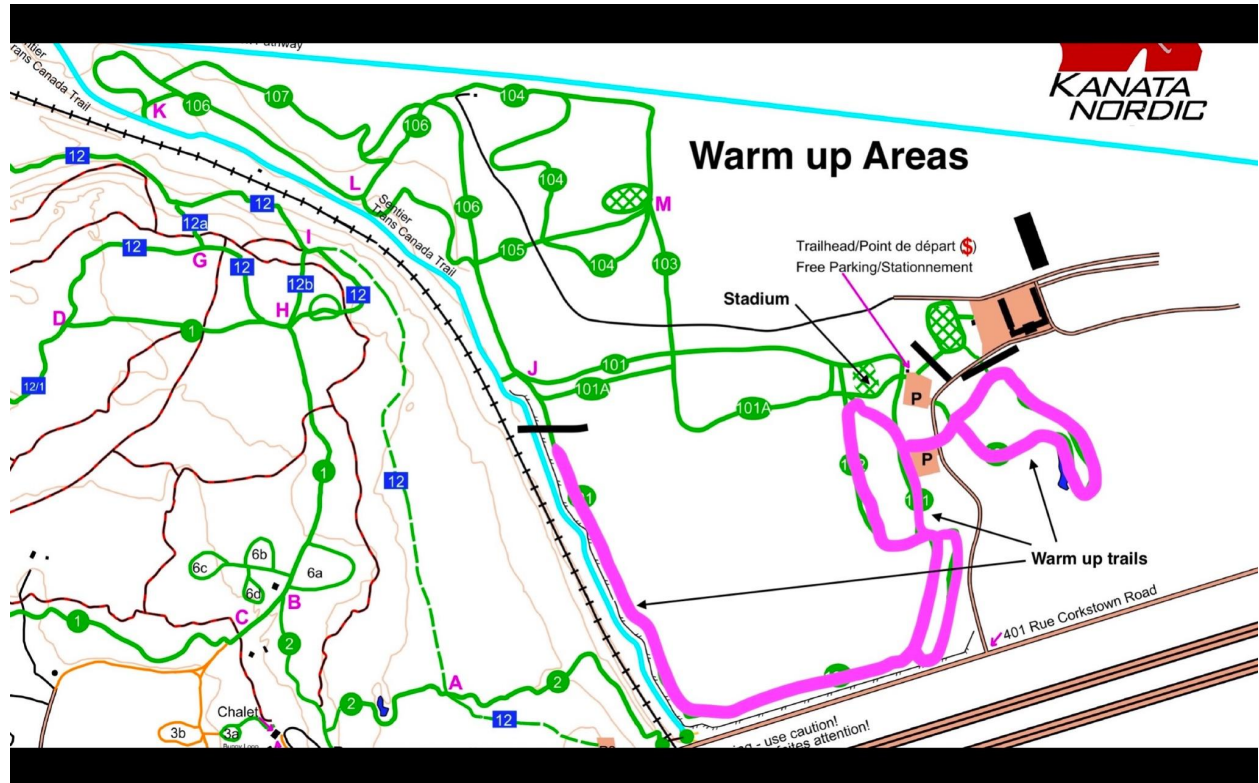
# APPENDIX A - COURSE AND SITE MAPS



# 1.5 km Course



### Warm up Areas



Trailhead/Point de départ  
Free Parking/Stationnement

Stadium

Warm up trails

401 Rue Corkstown Road

use caution!  
attention!

