

Ontario Ski Team Nominations 2023-24

Nomination Criteria:

- Athletes born 2000-2005 will be ranked by their best percentage proximity to their International Performance Benchmark based on sprint or distance.
- Athletes must meet the percentage threshold identified at right in the table to be nominated.

[FULL CRITERIA \(PG 12 for OST\)](#)

Athletes meeting OST or Bridge Program nomination criteria

YOB	Cat.	Best CPL/IPB	# of Ocup Races
2005	U18 Y2	93%	7.0
2004	U20 Y1	93%	n/a
2003	U20 Y2	93%	n/a
2002	U20 Y1	95%	n/a
2001	U23 Y2	96%	n/a
2000	U23 Y3	97%	n/a

#	Last	First	YOB	Club	Sprint	#	Distance	#	% Sprint	% DIS	Best %
1	Hollmann	Max	2002	Big Thunder Nordic Ski Club	88.1	3.0	92.8	7.0	93.7	99.3	99.3
2	Allan	Luke	2003	Nakkertok Nordic (Ontario)	90.3	4.0	90.2	7.0	98.1	98.5	98.5
3	Stewart	Anna	2003	Nakkertok Nordic (Ontario)	89.5	4.0	84.4	7.0	98.3	95.4	98.3
4	Hegan	Clara	2005	Nakkertok Nordic (Ontario)	84.7	4.0	82.5	7.0	97.9	98.2	98.2
5	Semeniuk	Katya	2003	Nakkertok Nordic (Ontario)	85.4	4.0	86.1	7.0	93.8	97.3	97.3
6	Pelchat	Guillaume	2002	Pembroke & Area	90.7	4.0	88.6	7.0	96.4	94.7	96.4
7	Lyons	Jasmine	2002	Nakkertok Nordic (Ontario)	83.7	1.0	87.1	5.0	90.0	96.2	96.2
8	Marshall	Mya	2005	Chelsea Nordiq (Ontario)	83.2	4.0	77.5	7.0	96.2	92.2	96.2
9	Semeniuk	Anna	2005	Nakkertok Nordic (Ontario)	82.4	4.0	78.6	7.0	95.3	93.6	95.3
10	Mashinter	Kendyn	2002	Walden Cross Country	89.4	4.0	86.2	7.0	95.1	92.2	95.1
11	Cullinan	Sarah	2004	Big Thunder Nordic Ski Club	81.3	4.0	82.2	7.0	91.4	95.0	95.0
12	Sarrazin	Edgar	2005	Lappe Nordic Ski Club	82.4	4.0	80.4	7.0	94.1	92.5	94.1
13	Mason	Robin	2003	Nakkertok Nordic (Ontario)	85.7	4.0	86.0	7.0	93.2	94.0	94.0
14	Ochrym	Theodore	2004	Team Hardwood	84.0	4.0	80.7	7.0	93.3	90.1	93.3
15	Hoferek	Zari	2004	Nakkertok Nordic (Ontario)	83.8	4.0	76.7	7.0	93.1	85.7	93.1

Bridge Program

16	Jaklova	Anna	2005	Lifeski Academy Ski Club	80.2	4.0	77.5	7.0	92.7	92.3	92.7
17	McCulligh	Helen	2004	Kanata Nordic	82.1	4.0	80.2	7.0	92.2	92.7	92.7
18	Skerrett	Lea	2003	Nakkertok Nordic (Ontario)	84.1	4.0	78.2	6.0	92.5	88.4	92.5

19	Randall	Nicholas	2000	Big Thunder Nordic Ski Club	90.8	4.0	84.2	7.0	94.6	88.6	94.6
20	Mahaffy	Max	2002	Walden Cross Country	88.3	4.0	82.8	7.0	93.9	88.6	93.9
21	Loewen	Shaylynn	2000	Georgian Nordic	88.8	3.0	81.8	6.0	93.4	88.0	93.4
22	Mason	Katherine	2001	Nakkertok Nordic (Ontario)	86.4	4.0	83.5	7.0	92.0	90.7	92.0
23	Audet-Welke	Julien	2003	Nakkertok Nordic (Ontario)	84.3	4.0	82.6	7.0	91.7	90.3	91.7
24	Fortin	Isaac	2003	Nakkertok Nordic (Ontario)	84.2	4.0	80.0	7.0	91.5	87.4	91.5
25	Gauthier	Antoine	2004	Skinouk (Ontario)	82.2	4.0	81.4	7.0	91.3	90.9	91.3
26	Tremblay	Sophie	2002	Nakkertok Nordic (Ontario)	84.6	4.0	81.0	7.0	90.9	89.5	90.9
27	Randall	Alexander	2002	Big Thunder Nordic Ski Club	84.6	2.0	77.9	6.0	90.0	83.4	90.0
28	Brooks	Owen	2004	Nakkertok Nordic (Ontario)	81.0	4.0	70.7	4.0	90.0	79.0	90.0
29	Aarts	Ethan	2003	North Bay Nordic Ski Club	82.5	4.0	80.9	7.0	89.7	88.4	89.7
30	Macintosh	Katherine	2003	Nakkertok Nordic (Ontario)	81.1	4.0	73.5	6.0	89.2	83.0	89.2
31	Wiss	Patrick	2004	Walden Cross Country	80.0	4.0	78.1	7.0	88.9	87.2	88.9
32	Hutton	Joe	2001	North Bay Nordic Ski Club	84.4	4.0	77.5	7.0	88.9	82.0	88.9
33	Rousseau	Shilo	2000	Barrie Cross Country	84.4	4.0	78.9	5.0	88.9	84.8	88.9
34	Pegrum	Devon	2000	Nakkertok Nordic (Ontario)	84.6	4.0	84.2	7.0	88.1	88.6	88.6
35	Thomas	Lilli	2003	Nakkertok Nordic (Ontario)	80.3	3.0	73.3	3.0	88.2	82.8	88.2
36	Dunn	Erin	2003	Nakkertok Nordic (Ontario)	80.1	4.0	76.9	7.0	88.0	86.9	88.0
37	Guerout	Raphael	2002	Nakkertok Nordic (Ontario)	82.7	4.0	81.3	7.0	87.9	87.0	87.9
38	Fairhead	Thomas	2004	Nakkertok Nordic (Ontario)	78.9	4.0	78.6	7.0	87.7	87.8	87.8
39	Newcomb	Ogen	2002	Carleton University Nordic	82.5	4.0	79.0	7.0	87.7	84.5	87.7
40	Gordon	Cara	2003	Nakkertok Nordic (Ontario)	79.7	4.0	73.4	7.0	87.6	82.9	87.6
41	Pekos	Cara	2002	Nakkertok Nordic (Ontario)	80.5	3.0	75.0	7.0	86.6	82.9	86.6
42	Pollex	Luke	2003	Big Thunder Nordic Ski Club	76.5	3.0	79.2	7.0	83.2	86.5	86.5
43	Sullivan	Noah	2000	North Bay Nordic Ski Club	82.9	3.0	80.9	7.0	86.4	85.2	86.4
44	Schlyter	Erik	2001	Big Thunder Nordic Ski Club	0.0	0.0	81.5	2.0	0.0	86.3	86.3
45	Randall	Matthew	2004	Big Thunder Nordic Ski Club	77.5	2.0	72.5	2.0	86.1	81.1	86.1
46	Edwards	Saer	2005	Chelsea Nordiq (Ontario)	75.2	4.0	68.8	7.0	86.0	79.1	86.0
47	Symonds	Eagan	2005	Big Thunder Nordic Ski Club	75.0	3.0	69.4	2.0	85.8	79.7	85.8
48	Ailey	Brooke	2004	Lappe Nordic Ski Club	75.7	4.0	74.1	7.0	85.0	85.7	85.7
49	McDonald	Liam	2005	Nakkertok Nordic (Ontario)	74.7	4.0	72.7	7.0	85.4	83.6	85.4
50	Ward	Kaeden	2005	Walden Cross Country	74.2	4.0	74.1	7.0	84.8	85.2	85.2
51	Saravanam	Jemima	2005	Nakkertok Nordic (Ontario)	73.1	4.0	68.0	7.0	84.5	81.0	84.5
52	Zavitz	Josh	2002	Lappe Nordic Ski Club	0.0	0.0	78.9	2.0	0.0	84.4	84.4
53	Norman	Maddie	2002	Nakkertok Nordic (Ontario)	0.0	0.0	76.2	1.0	0.0	84.2	84.2
54	Saravanam	Paige	2004	Nakkertok Nordic (Ontario)	72.1	3.0	72.7	7.0	81.0	84.1	84.1
55	Ranahan	Chloe	2000	Carleton University Nordic Ski Team	79.6	4.0	75.8	7.0	83.8	81.6	83.8
56	Westbrooke	Olivia	2000	Highlands Trailblazers	79.2	3.0	74.2	5.0	83.4	79.8	83.4
57	McClure	Fiona	2003	Carleton University Nordic Ski Team	75.6	4.0	69.3	7.0	83.1	78.4	83.1
58	De Gans	Riley	2002	Nakkertok Nordic (Ontario)	78.0	2.0	72.8	6.0	82.9	77.8	82.9
59	Laliberte	Tristan	2003	Nakkertok Nordic (Ontario)	75.4	4.0	73.8	7.0	81.9	80.7	81.9
60	Macintosh	Sarah	2001	Nakkertok Nordic (Ontario)	77.0	2.0	73.6	5.0	81.9	80.0	81.9
61	Wechsler	Marika	2005	Nakkertok Nordic (Ontario)	70.6	4.0	67.6	7.0	81.7	80.5	81.7
62	Littlejohn	Jake	2004	Carleton University Nordic Ski Team	73.2	2.0	67.5	4.0	81.3	75.5	81.3
63	Tremblay	Madeleine	2005	Walden Cross Country	68.6	4.0	68.2	7.0	79.3	81.2	81.2
64	Johnstone	Ryan	2005	Nakkertok Nordic (Ontario)	68.3	4.0	69.8	7.0	78.0	80.2	80.2
65	Hovorka	Evan	2005	Nakkertok Nordic (Ontario)	69.0	4.0	69.6	7.0	78.9	80.0	80.0
66	Thomas	Kaia	2005	Nakkertok Nordic (Ontario)	65.4	4.0	66.8	7.0	75.6	79.5	79.5
67	Norman	Sarah	2005	Nakkertok Nordic (Ontario)	68.4	4.0	65.3	7.0	79.0	77.8	79.0
68	Armstrong	Evan	2005	Kawartha Nordic Ski Club	67.3	1.0	68.3	3.0	76.9	78.5	78.5

69	Stewart	Isobel	2005	Big Thunder Nordic Ski Club	67.4	2.0	60.1	4.0	78.0	71.6	78.0
70	Czerny-Holov	Oliver	2003	Brittania Winter Trail Association	71.7	3.0	68.2	5.0	78.0	74.5	78.0
71	Pohl	Frida	2005	Chelsea Nordiq (Ontario)	64.6	4.0	65.0	7.0	74.7	77.4	77.4
72	Harris	Anna	2002	Kawartha Nordic Ski Club	68.8	1.0	70.0	5.0	74.0	77.3	77.3
73	Dubeau	Genevieve	2005	Walden Cross Country	65.4	4.0	64.9	7.0	75.6	77.2	77.2
74	Locking	Reid	2001	North Bay Nordic Ski Club	72.4	1.0	0.0	0.0	76.2	0.0	76.2
75	Tucker	Ella	2003	North Bay Nordic Ski Club	68.8	3.0	66.1	6.0	75.6	74.7	75.6
76	Edney	Sophie	2001	Nakkertok Nordic (Ontario)	69.3	1.0	69.4	1.0	73.7	75.5	75.5
77	Schweyer	Jaime	2001	Laurentian Nordic Ski Club	68.8	4.0	69.1	7.0	73.2	75.1	75.1
78	Pedersen	James	2005	Highlands Trailblazers	62.5	2.0	65.0	5.0	71.4	74.7	74.7
79	Bereznai	Oliver	2003	Nakkertok Nordic (Ontario)	0.0	0.0	68.0	1.0	0.0	74.3	74.3
80	Allan	Tyler	2001	Nakkertok Nordic (Ontario)	0.0	0.0	69.6	2.0	0.0	73.6	73.6
81	Shannon	Julia	2002	Georgian Nordic	65.4	1.0	66.1	4.0	70.4	73.1	73.1
82	Arai	Emiko	2000	Waterloo Region Nordic Sports Club	64.5	1.0	67.1	5.0	67.9	72.2	72.2
83	Cossette-Cha	CA@IA@na	2005	Skinouk (Ontario)	62.4	2.0	54.1	4.0	72.1	64.4	72.1
84	Davidson	Abbygale	2005	Team Hardwood	56.4	2.0	60.3	5.0	65.2	71.8	71.8
85	Beedell	Anna	2005	Nakkertok Nordic (Ontario)	61.1	3.0	60.3	5.0	70.6	71.8	71.8
86	Christie	Alex	2002	Carleton University Nordic Ski Team	0.0	0.0	66.7	5.0	0.0	71.4	71.4
87	Kahtava	Trysten	2005	Soo Finnish Nordic Ski Club	62.2	2.0	52.4	1.0	71.1	60.3	71.1
88	Rab	Sarah	2002	Waterloo Region Nordic Sports Club	63.7	1.0	63.9	5.0	68.5	70.6	70.6
89	Wardell	Janna	2002	Bruce Ski Club	63.2	1.0	63.4	4.0	67.9	70.0	70.0
90	Wendell	Corbin	2004	Nakkertok Nordic (Ontario)	62.7	2.0	62.7	4.0	69.7	70.0	70.0
91	Sonoski	Liam	2002	Waterloo Region Nordic Sports Club	65.5	1.0	63.9	4.0	69.7	68.3	69.7
92	Asfeldt	Kaisa	2004	Laurentian Nordic Ski Club	0.0	0.0	60.2	1.0	0.0	69.6	69.6
93	Lambley	Ryan	2003	Carleton University Nordic Ski Team	63.3	1.0	0.0	0.0	68.8	0.0	68.8
94	Marshall	Taylor	2001	Georgian Nordic	64.4	1.0	63.2	3.0	68.5	68.7	68.7
95	Goudie	Faith	2001	Laurentian Nordic Ski Club	0.0	0.0	62.9	2.0	0.0	68.3	68.3
96	Lutes	Miriam	2000	Eden Mills Nordic Ski Club	58.1	1.0	63.2	4.0	61.2	67.9	67.9
97	Fortin	Mitchell	2005	Kawartha Nordic Ski Club	52.6	1.0	55.3	1.0	60.1	63.5	63.5
98	Toriseva	Emma	2004	Big Thunder Nordic Ski Club	55.9	1.0	0.0	0.0	62.8	0.0	62.8
99	Bach	Rowan	2004	North Bay Nordic Ski Club	47.3	1.0	54.3	1.0	52.5	60.7	60.7