



# Cross Country Ski Ontario

Para-Nordic Report

By Liz Inkila & Victor Wiltmann



# Para-Nordic Committee

[Para-Nordic Committee Terms of Reference](#) developed and approved by the Board of Directors

Committee members:

Chair (interim) - Angus Carr

LSSD – Jake Porter

NOD – Patti Kitler

NCD – Andrew Pittman

SOD – Ken Norris

Staff (ex-officio) – Liz Inkila & Victor Wiltmann



# 2020 Para-Nordic Ski Team



## **ON PN Ski Team:**

Maddie Mullin,

Brian Eaton

Logan Lariviere

James Butcher



## **NST members:**

Collin Cameron

Christina Picton

Kyle Barber

# Camps & Training in COVID

## **NST:**

- Camp in September with NST Coach Robin McKeever
- Canmore (November camp cancelled due to COVID)
- Canadian Sport Institute of ON – testing for Christina & Kyle
- Late season qualifying races held in Canmore
- Christina Picton attended World Cup races in Vuokatti, FI in March
- NST camp held at Fortress (AB & PN)

## **ON PN Ski Team:**

- Virtual sessions with OJST
- July modified 'in person' camp in Sudbury
- Virtual nutrition and mental performance session



# 2021 Learning Opportunities

- Para-nordic learning sessions (with Patti Kitler)
  - Classification
  - Sit Skiing (with Luc Soenens)
  - The Para Athlete
- AWAD Coach Development
  - XCSO staff completed online portion of AWAD training
  - XCSO Performance Coach certified in AWAD



# Para-Nordic Funding

- ON ParaSport Collective
  - \$7500 in 2020/2021 & 2021/2022
- Canadian Paralympic Committee Grant
  - \$5K in 2021/2022 (pending approval)
  - \$5K in 2020/2021
- PWAD from CCC
  - \$1000 for guide microphones
  - Additional funding for PN International travel (not required)
  - Funding for NST Canmore camp (not held due to COVID)





# Quest for Gold

- Ontario Athlete Assistance Program Sport Canada top-up
- Provincial carding (4 cards) not offered in 2020/2021 due to the lack of competition & ability to in Ontario/Canada for all sports.
- Provincial program is under review



# Para-Nordic Review and Program Development

- Review of PN program
- [Request for Proposals](#) – 5 submissions received
- Submission Review Committee
  - Jacob Porter (LSSD PN Committee Rep)
  - Andrew Pittman (NCD PN Committee Rep)
  - Murray McCullough (ON ParaSport Collective Excellence Pillar Lead & CSIO Athlete Pathways Advisor for cross country)
  - Liz Inkila
  - Victor Wiltmann
- Presenting RFP PSO Sharing Session with CSIO (June 16<sup>th</sup>)





# Looking Forward

- Program development and implementation with consultant
- Team Ontario Programming
  - Team ON – Foundations
- AWAD training for coaches
- Classifier training



Thank you to Patti Kitler who retired this year!

