



# Cross Country Ski Ontario

Executive Director's Report

By Liz Inkila



# 2021 Successes & Learning Opportunities

- Interpreting Ontario government regulations
- Engaging with the ski community to develop relevant and workable Return to Sport Protocols
- Para-nordic learning sessions
- Changing our way of thinking to 'what we can do'
  - COVID Challenges: KM Challenge, COVID Cups & Strava Segments
  - Overall success at adapting programming to virtual
    - Working with Performance Coach – Katie McMahon



# 2020/2021 Challenges

- Interpreting evolving government regulations
- Initial pandemic planning of 'what we always do'
- Cancellation of ON Cup Series
- Transitioning scope of work from traditionally volunteer roles to staff



# Ministry of Heritage, Sport, Tourism & Culture Industries

## Ontario Amateur Sport Fund (OASF)

\$200K for each of 2017, 2018 , 2019 & 2020

## COVID – specific Funding

- \$85369.10 Federal Gov't Emergency Funding for Sport Organizations
  - Support Skill Development Program (SDP) enrolment fees & XCSO/District/Nordiq Canada membership rebates
- \$12396.86 Federal Gov't Bi-lateral sport funding through Sport Canada
  - Officials development/Youth Learn to Ski
- \$56617.58 Re-allocated MHSTCI Sport hosting funding
- \$95238.03 MHSTCI funding for amateur sport clubs. [Funding Application](#)



# Canadian Sport Institute Ontario (CSIO)

## Ontario High Performance Sport Initiative (OHPSI)

- Successful sport for 2021-2023 \$67.5K for 2 years
- Remote Integrated Support Team
- Focus on Sport Science / Sport Medicine
  - S & C for NTDC/OST (P Hemsworth)
  - Physiology (CSIO practitioner)
  - Nutrition (CSIO practitioner)
  - Mental Performance (CSIO practitioner)



# Para-Nordic

- ON ParaSport Collective
  - \$7500 in 2020/2021 & 2021/2022
  - PN program development RFP
- Canadian Paralympic Committee Grant - \$5K
- PWAD from Nordiq Canada
  - \$1000 for guide microphones
- Integration of PN athletes in remote programming
- CSIO – working to integrate PN into OHPSI programming opportunities
- Ongoing AWAD staff training
- Continued program support



# Quest for Gold

- Ontario Athlete Assistance Program Sport Canada top-up
- Provincial carding not offered in 2020/2021 due to the lack of competition in Ontario/Canada for all sports.
- Provincial program is under review
- Mentorship program through the Coaches Association of Ontario \$5K per year



# Ontario Clubs & Community

- 74 clubs with 20782 members
  - 2 clubs were not operational due to COVID
  - 2 clubs did not register members due to COVID
  - Several new clubs in Ottawa region
- Provincial funding support for clubs – online application
- Engaged clubs in [Return to Sport Protocols](#)
  - Return to Training
  - Return to Competition
  - Return to SDP
  - Return to Facilities
- Community Updates





# Policy Updates

- Continued engagement in Return to Sport Protocols
- New [financial policy](#)
  - Combined 3 separate policies which dealt with \$\$
    - Coaching Development
    - Officials Development
    - Travel/expense
  - Includes a schedule which allows for amending costs/prices as needed without changing the policy
- [Membership policy](#) revised to include a defined membership year
- Strategic planning process delayed until we return to more normal times



# Ongoing Activities

- Programming pivot due to COVID
- Website has COVID-19 page
- Social media @xcskiontario.ca, Facebook, Instagram
- Community engagement
- Coaching development, Official development, Para-Nordic, and ON programming support
- Board of Directors, HPC meetings, Para-Nordic Committee meetings



# Looking Forward

- Fund Development
  - Continues to need work
- Sponsorship package paused (needs a champion)
- Strategic Plan – extending current Strategic Plan to 2023
- Policy Review Schedule
- Ambassador Program



Thank you to Katja, Victor, & Timo—  
dedicated to making ON a great place to  
ski, train & play.

It is a pleasure to work with Board,  
Committee members, NTDC, ON coaches  
and clubs!

