

Cross Country Ski Ontario Board of Directors Meeting
May 8, 2019

Attendees: Amy Wheeler Reich, Denis Charette, Alan White, Jack Sasseville, Dwayne Barber, Richard Lemoine, Angus Carr

Staff: Liz Inkila, Victor Wiltmann, Katja Mathys

Regrets: Thom Lyon, Kelly Sinclair

Minutes

1. Review & Approval of Agenda
 - Motion to approve agenda
 - Moved by Al White, Seconded by Jack Sasseville
 - Motion carried
2. Review & Approval of Minutes of April 3, 2019
 - Motion to approve the minutes of April 3, 2019
 - Moved by Angus Carr, Seconded by Denis Charette
 - With one correction regarding the dates of Easterns. Confusion regarding Candy Cane Cup/Nakkertok on the part of Shane Pearsall at Nordiq Canada
3. Business arising from minutes
 - 2019/2020 Nordiq Canada calendar shared with Victor
 - Nordiq Canada brand presentation held with Megan Begley
4. Staff Reports
 - a) Executive Director – Liz
 - As per written report
 - b) Technical Director - Victor
 - Liz, Victor met with SFQ regarding conflict with OWG and Easterns. Planned now for Feb
 - Youth Olympic Games qualifier in Canmore/ NorAm east and west during pre Christmas period.
 - SFQ and XCSO will meet prior to the Nordiq Canada AGM in Montreal to discuss collaborative planning
 - Victor has been advocating with D Dyer and Zone4 regarding a change in the way sprint heats are run. Problem is that a full slate of sprint heats does not happen in Ontario - one qualifier from U16 to Open, top 30 skiers move to the Open Heats, next 30 would be U20 and below, and next 30 U18 and below. Idea is that the heats become more competitive. Zone4 software doesn't allow this. Richard suggested that we would be able to implement at an OCup level by using an Excel spreadsheet.
ACTION: Victor will send idea to Board of Directors
 - OJST - one force majeure was accepted and team size of 23/Still need to work on female development (OJST 10 females/13 male, OST 5 females/14 males)
 - OST/NTDC travel a bit in flux after the Nordiq Canada HP meetings
 - Roller ski treadmill is almost ready in Thunder Bay
 - CSIO testing camp is next month in Thunder Bay

c) Coaching Development Coor - Katja

- T2T dryland in Ottawa with 6 attendees/L2T dryland in Ottawa with 10 coaches registered
- Mentorship program is being reviewed. Funding from CAO is not secured.
- 8 coaches attended the Nordiq Canada and will received \$250 in funding - e-transfers will be sent to coaches. Reaction was mixed and some were disappointed without a 'walk away' from the meetings
- Completing E-learning on nutrition which is eligible for PD points/Keeping girls in Sport offered by Jump Start (Canadian Tire)
- Attended a Women's and girls conference in Toronto on the weekend
- Attended initial meeting with Stephen Novasad (Nordiq Canada) who is working with other provinces. Stephen Novasad will attend Super Camp at Hardwood.

5. Chair's Report - Richard

- Division Chair's meeting - some concern with respect to a lack of HP Director
- AGM in 3 weeks - Liz & Victor will also be attending and meeting with Ski de Fond Quebec

6. High Performance - Jack

- Nordiq Canada HP meetings - HP committee members were not financially supported and people attend remotely. Training camp plans shared
- NST - no one made the NST criteria except Alex Harvey and he is retired. 7 males & 2 females made subjective criteria.
- Nordiq Canada HP coaching seminar - a bit disappointed with very little concrete ideas to 'take home'. Each presentation had interesting points. Nic Lemyre presented on sports psychology and there were some Norwegian presentations. Most interesting session attended was the HP coaches in a meeting with Stephen Novasad, Jen Tomlinson, and Stephane Barrette where coaches vented and discussed the problems in high performance in Canada. Next Gen funding is unclear until the OTP meeting in mid May. Nordiq Canada HP Committee needs to be empowered as currently the HP Committee is not functional. Ontario needs to lead the way and our collaboration with SFQ will be helpful.

7. Youth - Kelly (no report)

8. Events

- Youth Champs will be held in Timmins and OUs in Sault Ste Marie

9. NTDC

- Roller ski treadmill is almost complete

10. Para-Nordic

- PNST named based on previous year's criteria - those athletes meeting 60 CPL with some coach discretion. Nominations will be sent out shortly
- 2 Para athletes have made national teams in other sports
- Collin Cameron named to the NST, Kyle Barber will be on the Prospects team

11. Financial Report

- 40K from MTCS received in March - remaining balance of the OASF

12. District Reports

a) LSSD – Angus Carr

AGM will be held next week

- b) SOD – Dwayne Barber
 - AGM held last week/EPA is doing audits of fluorinated products in US
 - Dwayne will be attending Mono Nordic AGM
 - 3 candidates for SOD Coach
- c) NOD – Amy Wheeler Reich
 - AGM in the fall
 - Dispersing funds to officials
- d) NCD - no report

13. New Business

- a) Report from the Nominating Committee

A couple of inquiries from people after the nominating callout. No one new has indicated a desire to join the board
- b) Fundraising committee

A reminder that Cathy Smart is looking for interested parties to form a fundraising committee
- c) Coach Seminar/Club Workshop/AGM
 - 1. Agenda/registration/travel subsidy/travel
 - 2. Volunteer of the Year award - Volunteer from the District in which the AGM is held.

ACTION: Liz to contact Doug Ranahan and Jim McCarthy to nominate an NCD volunteer for this award

Motion to adjourn

Next meeting is AGM