

Cross Country Ontario

Executive Director's Report

2020 Highlights

- Hiring of Performance Coach – Katie McMahon
- Re structuring the OJST
- Ongoing success of PN program and developing a succession plan
- Support from the racing community in COVID reality

Ministry of Heritage, Sport, Tourism, Culture Industries

Ontario Amateur Sport Fund (OASF)
application submitted in May 2017

- **\$200K for each of 2017, 2018, 2019 & 2020**
- Initially a two year cycle, extended to 2020/2021
- MHSTCI currently working remotely
- New sport plan continues to be discussed

Para-Nordic

- ◎ Canadian Paralympic Committee Grant - \$10K (TBD)
 - Support for Performance Coach
- ◎ CSIO – working to integrate PN into OHPSI programming opportunities
- ◎ PWAD from CCC
 - > \$6000 for recruitment/mentorship
- ◎ Ongoing staff training in Para

CSIO – Canadian Sport Institute Ontario

- OHPSI – Ontario High Performance Sport Initiative
- \$50K in 2018/2019, \$47K in 2019/2020 & \$60K in 2020/2021
- NTDC TBay/OST programming
- Focus on Sport Science / Sport Medicine
 - > S & C for NTDC/OST (P Hemsworth)
 - > Physiology (CSIO practitioner)
 - > Nutrition (CSIO practitioner)
 - > Sports Psych (CSIO practitioner)
- New operating plan underway

Quest for Gold

◎ **Quest for Gold**

- > Ontario Athlete Assistance Program carding for high performance athletes ~\$4300 per year for full cards (\$ not released to athletes yet)
- > 14 full cards available
 - 10 full cards for able bodied
 - 4 full card for para Nordic
- > Amount has been steadily decreasing due to increase in ON athletes receiving a Sport Canada Card (33% top up)
- > Mentorship program through the Coaches Association of Ontario \$5K per year
- > Program modernization/plans on hold

Ontario Clubs

- 76 clubs with 14177 members
- Support for clubs using Zone4
- Certificates of Insurance
- Infectious disease clause new for 2020/2021- awaiting the new insurance manual and more details from insurer
- Newsletters sent every 2 months during the winter season

Ongoing Activities

- COVID-19 planning, R2S – Return to Sport will include Return to Training; Competition; SDP; and facilities
- Website has COVID-19 page
- Social media @xcskiontario.ca, facebook, Instagram
- Community engagement (OCups & Nationals)
- Coaching development support
- Criteria development (ON Teams, OWG)
- Ontario Ski Team & Ontario Junior Ski Team logistical planning
- Quest for Gold OAAP criteria and program maintenance
- Board of Directors, HPC meetings

Other Initiatives/Activities

- Fund Development
 - > Continues to need work
- Sponsorship package (needs attention)
- Nordiq Canada Division ED/Admin meetings
 - > Connections with Divisions continues
- Ontario Winter Games
- Nordiq Canada HP meeting (remotely)
- Nordiq Canada AGM

- Thank you to Katja & Victor, Katie & Timo– dedicated to making ON a great place to ski, train & plan.
- Board, Committee members, coaches and clubs!