NOD 2018/19 year end report



NOD AGM Sept 29, 2018



Chair

Past Chair

Treasurer

Secretary

HP Coordinator

Amy Wheeler Reich

John Labine

Mike Kornell

Cassandra Nielsen

Toivo Koivukoski

Soo Finnish Nordic

Porcupine Ski Runners

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Soo Finnish Nordic

NOD Jr Lakers/Nipissing University Lakers

Coaching & Officials

Coordinator

PN Coordinator

Youth Coordinator

Mary Waddell

Patti Kitler

Vacant

Walden XC Fitness Club

Laurentian Nordic/OPNR

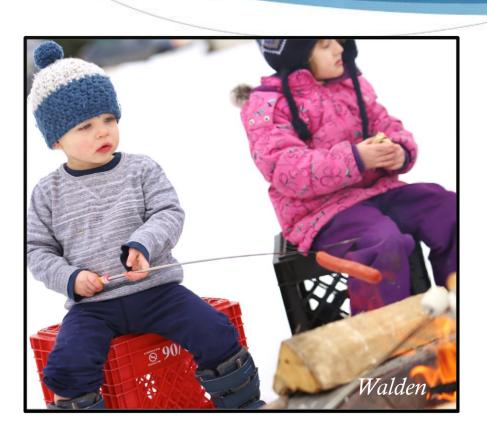
2018/19 NOD

- 18 Clubs
- 4841 members
- 9 Clubs with Jackrabbit/Bunnyrabbits
- 7 Clubs with Track Attack

- 6 Racing programs
- 3 Varsity Teams



World Snow Day – Jan 20



- Support clubs who held registered World Snow Day events
- 2 NOD clubs registered with FIS World Snow Day & each club received funding from NOD
- Unfortunately it was bitter cold
- One was scaled back and one was postponed
- Next year, Jan 19, 2020



Races in NOD

O-Cup#3 @ Walden Nordic

- Jan 19-20
- cancelled

OUA/O-Cup#5 @ Nipissing

- Feb 16-18
- 192 athletes in O-Cup
- 110 athletes in OUA

Youth Championships

aprillow North Bay Nordic

- Feb 23-24
- 190 athletes

NOD Athlete Support



Elite Athlete Bursary

- Typically racing at national & international level
- Jack Carlyle, Alannah Maclean, Collin Cameron, Kyle Barber

Athlete Coaching Support Bursary

- Racing at 3 O-Cups plus Nationals
- 3 Jr Girls
- 1 Juv Boy
- 3 Jr Boys
- 2 PN athletes
- 5 Varsity Athletes



NOD team

- Coached by Toivo Koivukoski, Dave Nighbor & Jordan Cascagnette @ Nipissing University
- Wax technician Ray Gingras
- Varsity athletes Nipissing Lakers
- High school aged athletes –
 NOD Junior Lakers
- Year round training plans
- Access to off-season training and testing camps
- On-snow training camp in Nov at Forêt Montmorency
- Coach and wax support at O-Cups & Nationals

Challenges in NOD

- Geographical
 - Challenge holding race series
- BUT we have a long season and we have lots of snow!

- Land use agreements
 - Trail maintenance issues
- Mostly volunteer coaches
- Decreasing v



Next Season

- Support clubs holding NOD events
- Loppet/race series with prizes
- Looking into creation of an NOD Buff
- Increase financial support of NOD athletes
- Continue to offer orphan athletes coach/wax support at OCups & Nationals by NOD team

