

NOD 2018/19 year end report



Temiskaming Nordic

NOD AGM

Sept 29, 2018



Chair **Amy Wheeler Reich**

Past Chair **John Labine**

Treasurer **Mike Kornell**

Secretary **Cassandra Nielsen**

HP Coordinator **Toivo Koivukoski**

Coaching & Officials

Coordinator **Mary Waddell**

PN Coordinator **Patti Kitler**

Youth Coordinator **Vacant**

Soo Finnish Nordic

Porcupine Ski Runners

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Soo Finnish Nordic

NOD Jr Lakers/Nipissing
University Lakers

Walden XC Fitness Club

Laurentian Nordic/OPNR

2018/19 NOD

- 18 Clubs
- 4841 members
- 9 Clubs with Jackrabbit/Bunnyrabbits
- 7 Clubs with Track Attack
- 6 Racing programs
- 3 Varsity Teams



World Snow Day – Jan 20



- ◆ Support clubs who held registered World Snow Day events
- ◆ 2 NOD clubs registered with FIS World Snow Day & each club received funding from NOD
- ◆ Unfortunately it was bitter cold
- ◆ One was scaled back and one was postponed
- ◆ Next year, Jan 19, 2020



Races in NOD

O-Cup#3 @ Walden Nordic

- Jan 19-20
- cancelled

OUA/O-Cup#5 @ Nipissing

- Feb 16-18
- 192 athletes in O-Cup
- 110 athletes in OUA

Youth Championships

@ North Bay Nordic

- Feb 23-24
- 190 athletes

NOD Athlete Support



*Sault Ste
Marie*

Elite Athlete Bursary

- Typically racing at national & international level
- Jack Carlyle, Alannah Maclean, Collin Cameron, Kyle Barber

Athlete Coaching Support Bursary

- Racing at 3 O-Cups plus Nationals
- 3 Jr Girls
- 1 Juv Boy
- 3 Jr Boys
- 2 PN athletes
- 5 Varsity Athletes

NOD team



- Coached by Toivo Koivukoski, Dave Nighbor & Jordan Cascagnette @ Nipissing University
- Wax technician – Ray Gingras
- Varsity athletes – Nipissing Lakers
- High school aged athletes – NOD Junior Lakers
- Year round training plans
- Access to off-season training and testing camps
- On-snow training camp in Nov at Forêt Montmorency
- Coach and wax support at O-Cups & Nationals

Challenges in NOD

- Geographical
 - Challenge holding race series
 - Land use agreements
 - Trail maintenance issues
 - Mostly volunteer coaches
 - Decreasing v
- *BUT – we have a long season and we have lots of snow!*



Capreol

Next Season

- Support clubs holding NOD events
- Loppet/race series with prizes
- Looking into creation of an NOD Buff
- Increase financial support of NOD athletes
- Continue to offer orphan athletes coach/wax support at OCups & Nationals by NOD team



Hearst