

What's the biggest reason you
dropped out (or might drop out) of
skiing?

School

No more girls of my age in
the club... 🙄 and bad
relation with some of them

What's the biggest reason you
dropped out (or might drop out) of
skiing?

Athlete Retention

What's the biggest reason you
dropped out (or might drop out) of
skiing?

\$\$\$

Athlete Perspectives

Kids from smaller clubs don't
have access to the social
aspect, which leads them to qui

What's the biggest reason you
dropped out (or might drop out) of
skiing?

What's the biggest reason you
dropped out (or might drop out) of
skiing?

1. What's the biggest reason you dropped out (or might drop out) of skiing?
2. What's the biggest thing that helps/helped keep you in the sport?
3. What's one thing we could do right now to help keep more people in skiing?

- What's the biggest reason you dropped out (or might drop out) of skiing?



@nordiqcanada

@xcskiontario

@uottawanordiq

What's the biggest reason you dropped out (or might drop out) of skiing?

Not sustainable unless your top 5ish in the country (funding)

What's the biggest reason you dropped out (or might drop out) of skiing?

School

What's the biggest reason you dropped out (or might drop out) of skiing?

Burn out

What's the biggest reason you dropped out (or might drop out) of skiing?

No more girls of my age in the club... 😞 and bad relation with some of them

What's the biggest reason you dropped out (or might drop out) of skiing?

\$\$\$

What's the biggest reason you dropped out (or might drop out) of skiing?

Kids from smaller clubs don't have access to the social aspect, which leads them to qui

What's the biggest reason you dropped out (or might drop out) of skiing?

Persisting injury/ illness

What's the biggest reason you dropped out (or might drop out) of skiing?

- cost
- lack of HP options in Canada...

What's the biggest reason you dropped out (or might drop out) of skiing?

Lack of resources/
financial ability

What's the biggest reason you dropped out (or might drop out) of skiing?

Cost vs enjoyment

What's the biggest reason you dropped out (or might drop out) of skiing?

- financially unsustainable
- lack of accessible training groups / community
- difficult to mix with education

- What's one thing we could do right now to help keep more people in skiing?



What's one thing we could do right now to help keep more people in skiing?

Fostering a (stronger) sense of unity and support amongst athletes

What's one thing we could do right now to help keep more people in skiing?

Create more affordable group training environments

What's one thing we could do right now to help keep more people in skiing?

The skiing program should be structured as a social activity rather development of skills progra

What's one thing we could do right now to help keep more people in skiing?

Increase the number of hp pathways both in a out of Canada.

What's one thing we could do right now to help keep more people in skiing?

Being able to pursue high level skiing and a university degree!

What's one thing we could do right now to help keep more people in skiing?

Reduce race fees

What's one thing we could do right now to help keep more people in skiing?

Make sure the race calendar lines up decently with the post-secondary school calendar.

What's one thing we could do right now to help keep more people in skiing?

Broaden the community

@xcskiontario

@nordiqcanada

@uottawanordiq

What's one thing we could do right now to help keep more people in skiing?

- foster community between teams/clubs
- options for all levels
- invest in varsity skiing

- What's the biggest thing that helps/helped keep you in skiing?



What's the biggest thing that helps/
helped keep you in skiing?

What's the biggest thing that helps/
helped keep you in skiing?

The coaches

Great teammates and my
love of the sport and funds

What's the biggest thing that helps/
helped keep you in skiing?

What's the biggest thing that helps/
helped keep you in skiing?

Other athletes/ team

La communauté de gens ,le
sentiment de progresser,d'avoir
de nouvelles opportunités

What's the biggest thing that helps/
helped keep you in skiing?

- the community
- love for the sport
- the dream of "making it"

What's the biggest thing that helps/
helped keep you in skiing?

Having fun

What's the biggest thing that helps/
helped keep you in skiing?

What's the biggest thing that helps/
helped keep you in skiing?

Social groups
and performing

The awesome ppl i've met
and look forward to seeing
at race across the country

What's the biggest thing that helps/
helped keep you in skiing?

What's the biggest thing that helps/
helped keep you in skiing?

Funding

My team

@xcskiontario

@uottawanordiq

@nordiqcanada

What's the biggest thing that helps/helped keep you in skiing?

- love for the sport
- pursuing a dream
- funding

COMMUNITY



Comments



uottawanordiq Terrific idea [@ahbfoster](#)! Really looking forward to this panel.



6d [2 likes](#) [Reply](#)



kjohnsgaard Hey Angus, I dont like the phrase "dropped out." That would be a DNF in a race (which btw you'd never find next to my name on results). An athlete chooses to finish his or her competitive sporting career on their own terms. I think what causes many skiers to finish skiing at a young age is fear of the stigma developed around the commitment and sacrifice it takes to become what their coaches, parents, peers, or whoever, consider to be an accomplished athlete. Young skiers should be reminded of what a fun, healthy lifestyle skiing is... not how much hard work and sacrifice it takes to become a world class athlete and how they'll be judged or labled a "drop out" if they dont succeed.



6d [23 likes](#) [Reply](#)



ahbfoster [@kjohnsgaard](#) hey man thanks for that, that's a great point I



Add a comment as ahbfoster...

"Dropped Out"

- gave up
- doesn't count
- is a waste / loss / negative

Framing



Cross Country Ski Ontario

Celebrate (and facilitate) people finding a place to participate in the sport at any level, against a backdrop of ambitious, welcoming, collaborative high performance programs.