



# Southern Ontario District

**Team Selection Criteria**

**2022-2023**

## Preamble

The Southern Ontario District team is named to recognize and support the development of athletes racing in the SOD races. The goal of the SOD Team is to support these athletes to begin to race competitively on the Ontario Cup circuit and to prepare to qualify for provincial teams and programming. The SOD executive believes that the promotions of an active ski racing circuit within SOD will strengthen the ski community by providing opportunities for skiers to come together as a community in fun and friendly competition.

## 1 PURPOSE

The provisions in this document will be used by the SOD High Performance Committee, hereafter called HPC-SOD, to identify athletes who qualify for the SOD Team 2022/2023.

### 1.1 Definitions

NC	Nordiq Canada
XCSO	Cross Country Ski Ontario
SOD	Southern Ontario District
HPC-SOD	Southern Ontario District High Performance Committee
NST	National Ski Team (including development and junior teams)
NTS	National Talent Squad
NTDC	National Team Development Centre (includes NTDC Thunder Bay, Pierre Harvey Training Centre, and the Alberta World Cup Academy)
OST	Ontario Ski Team
OTS	Ontario Talent Squad
OJST	Ontario Junior Ski Team
SOD Team	SOD Team for the period of Spring 2022 through Winter 2023
Qualifying Year	The 2021/2022 racing season in which athletes qualify for SOD Team

### 1.2 Eligibility

To be eligible for the SOD Team, athletes must meet the following criteria:

- be registered with an SOD club at the time of the races
- be a Canadian citizen or have Permanent Resident status
- be a permanent resident of Ontario prior to the beginning of the SOD racing series. A valid Ontario Health Card or Passport may be used as proof of residency.
- not be named as a member of the OJST or the OST in either the qualifying year or year on the team
- may be named as a member of Team Ontario Development

### 1.3 Selection Races

Selection for the SOD team is based primarily from SOD Paraffin Race Series points, as posted and updated on the Cross Country Ski Ontario Website under Southern Ontario District

<http://xcskiontario.ca/districts-clubs/sod/team/>

## 1.4 Competition Model

The target YOB for SOD Team 2022/2023 (Qualifying Year 2021/2022) are summarized in the table below:

<b>Category</b>	<b>Age as of 31 Dec 2021</b>	<b>YOB</b>
U12 Boys	11	2010
U12 Girls	11	2010
U14 Boys 1	12	2009
U14 Girls 1	12	2009
U14 Boys 2	13	2008
U14 Girls 2	13	2008
U16 Boys	14	2007
U16 Girls	14	2007

## 2 SOD TEAM 2022-2023

### 2.1 Team Description

Athletes named to the SOD Team will be representative of the top male and female athletes with years of birth 2007 through 2010 during the qualification year (2021/2022). The team selection process is detailed in Section 3.

#### 2.1.1 Benefits

It is the intent of the HPC-SOD that athletes named to the SOD Team receive the following, where possible:

1. Two partially-subsidized dryland camp opportunities
2. Subsidized SOD Team clothing
3. Race support (if requested) for an OCup race hosted within SOD, with any costs paid by the athlete

#### 2.1.2 Obligations

Athletes who accept their nomination to the SOD Team will be asked to

1. Sign an Athlete Contract and the Athlete's Code of Conduct. The Athlete Contract will include a schedule that outlines all planned SOD Team activities for the upcoming season.
2. Indicate the intent to register as an SOD athlete in 2022-2023 ski season
3. Indicate intent to register for a NC racing license in the 2022-2023 ski season
4. Indicate intent to compete in at least one OCup race, preferably an OCup race hosted within SOD
5. Participate in at least one SOD training camp or SOD Team training event during the summer and fall of the year on the team.

Failure to meet the minimum participation standard, as defined in the Athlete Contract, could result in an athlete being placed on probation, and/or removed from the SOD Team, and/or being declared ineligible for the SOD Team for the following year. The intent of this section is to ensure that all SOD Team athletes honour their commitments and all are treated equitably. However, it is understood that extenuating circumstances may prevent an athlete from meeting some of their commitments. In these cases it is in the athlete's best interests to communicate with the HPC-SOD Designate **as soon as possible**. Failure to do so could lead SOD to proceed with one or more of the measures outlined above.

### 3 SOD TEAM SELECTION

The SOD team members will be determined using a 'best-of' model that not only encourages participation in Paraffin Series races while also selecting our fastest skiers in the district.

The SOD team will be comprised of:

- up to 3 male and 3 female athletes for each YOB 2007 and 2008
- up to 5 male and 5 female athletes for each YOB 2009 and 2010

#### SOD Series Points

Athletes will be selected based on summed SOD Paraffin Series points accumulated during the qualifying year (up to a maximum team size of 32 athletes). Athletes will be awarded points based on 'Position to Points' table found below:

Position to Points System in the SOD Paraffin Series:

Position	Points	Position	Points	Position	Points	Position	Points
1	100	11	46	21	22	31	12
2	90	12	43	22	21	32	11
3	80	13	40	23	20	33	10
4	75	14	37	24	19	34	9
5	70	15	34	25	18	35	8
6	65	16	32	26	17	36	7
7	61	17	30	27	16	37	6
8	57	18	28	28	15	38	5
9	53	19	26	29	14	39	4
10	49	20	24	30	13	40	3

At the end of the qualifying ski season, a cumulative score is computed for each skier. For each skier, the cumulative score represents the sum of their N best races (N represents the total number of events actually held in the season, less 2). For example, if 7 Paraffin events are held, event points would be summed over a maximum of 5 races.

For example:

#### **Racer A**

Race#1: 43  
 Race#2: 75  
 Race#3: 61  
 Race#4: 70  
 Race#5: 53  
 Race#6: ~~40~~  
 Race#7: NA

#### **Racer B**

Race#1: 100  
 Race#2: NA  
 Race#3: 75  
 Race#4: 90  
 Race#5: 100  
 Race#6: NA  
 Race#7: NA

#### **Racer C**

Race#1 : 80  
 Race#2 : 75  
 Race#3 : 70  
 Race#4 : ~~64~~  
 Race#5 : 90  
 Race#6 : 80  
 Race#7 : ~~37~~

Qualifying Points: 302

Qualifying Points: 365

Qualifying Points: 395

In the event of races being cancelled, the N-2 rule will still be in place unless there are fewer than 3 races held. If only one or two actual races were held, see below.

Total Paraffin Series Races	Races needed to Qualify
	<i>*exception to rule</i>
1	1*
2	1*

For the SOD Paraffin Series, athletes accumulate points in the age category they race in. If athletes race in different age categories during the qualifying year (e.g., 'race up' for an event) then points will be accumulated in two different categories which are not summed together for SOD team consideration.

### 3.1 Application for Inclusion to Team

Athletes within the targeted age groups who competed in at least 2 of the SOD Race Series events may apply to the SOD Team Coordinator to be included in the team, with a recommendation from a club coach. Such applications should be sent by email to SOD Team Coordinator as listed in Section 4. These applications will be evaluated based on team capacity and SOD Race Series ranking within year of birth. Application deadlines are listed in Appendix 1.

### 3.2 Appeals for SOD Team Selection

Once the SOD Team has been named and released on the SOD website, any appeals of HPC-SOD decisions must be made to the HPC-SOD in writing as per Appendix 1. All appeals should be sent by email to the SOD Team Coordinator as listed in Section 4. Following the appeal period, the final list will be posted on the SOD website:

<http://xcskiontario.ca/districts-clubs/sod/team/>

## 4 MEMBERS OF THE HPC-SOD

Questions or comments regarding these selection criteria should be directed to a member of the High Performance Committee. The members of the High Performance Committee are:

Name	Title	Email
Bryan Dubeau	HPC-SOD Representative XCISO	Bryan_Dubeau@outlook.com
Shawn Marshall	Director	durhamskier@gmail.com
Scott Dowling- Acting	SOD Team Coordinator	rscottdowling@gmail.com

**APPENDIX 1:**

**2022 -2023 SOD Team Selection**

**DATES AND DEADLINES**

<b>Date</b>	<b>Activity</b>	<b>Responsibility</b>
April 2022	Posting of team selection list on <a href="http://xcskiontario.ca/districts-clubs/sod/team/">http://xcskiontario.ca/districts-clubs/sod/team/</a>	HPC-SOD
Accepted within 1 week after posting on <a href="http://xcskiontario.ca/districts-clubs/sod/team/">http://xcskiontario.ca/districts-clubs/sod/team/</a>	Applications to be named to the SOD Team as per Section 3.1	Athlete applying for inclusion
Accepted within 1 week after posting on <a href="http://xcskiontario.ca/districts-clubs/sod/team/">http://xcskiontario.ca/districts-clubs/sod/team/</a>	Appeals to the SOD Team	All athletes
Within 30 days of posting of SOD Team on <a href="http://xcskiontario.ca/districts-clubs/sod/team/">http://xcskiontario.ca/districts-clubs/sod/team/</a>	Athlete agreements signed	All SOD Team athletes