



Southern Ontario District 2020-21

**Cross Country
Ski Ontario**

*"To engage, inspire, and involve Ontarians
in cross-country skiing for life."*

Dwayne Barber
Chair

**Southern Ontario District
Cross-Country Ski Ontario**

SOD Board

Dwayne Barber (Chair)

Colin Rhodes (Vice-Chair)

Bryan DuBeau (High Performance rep)

Ken Norris (Para Nordic rep)

Richard Lemoine (Treasurer)

Marlee Sauder (University rep)

Gerald Gregoire

Debra Friendly (Recording secretary)



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24 clubs

8192 members (up from 4842 in 2020/21)

Geographically large area stretching
from Huntsville to Lakefield to St. Mary's to
Owen Sound



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XCSO Kilometre Challenge

Rank	Club	Total km	Number of skiers
1	Big Thunder	122,846	214
2	Lappe Nordic	112,849	249
3	Highlands Trailblazers	97,714	217
4	Team Hardwood	80,905	104
5	Arrowhead	56,310	150

XCSO Kilometre Challenge

Rank	Club	Average km
1	Team Hardwood	777.94
2	XCSO Staff	733.43
3	Georgian Bay Nordic	691.11
4	Big Thunder	579.46
5	Midland	431.14



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XCSO Kilometre Challenge

Rank	Club	Average km
1	Ken Hawthorn (Arrowhead)	4707
2	Brian Berry (Lappe)	3908
3	Mark Berger (Hardwood)	3798



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SOD Team Nominations 2021-22



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Liam Kenny
Nathan Golisky
Levi Dettman
Liam Ryan
Erik Vurma
Eily Woodman
Ellie Dowling
Mia Smith
Ellen Groh
Erica Rogers
Andrew Bougai
James Rowan
Thomas Beukeboom
Leo Gojic
Ewan Pengra
Jerome Dittman
Scott Gamble

Claire Day
Aleida Nelson
Alex Timms
Justine Hastings
Luna Abbott
Sam Mason
Brent Day
Percy Wiersma
Ewan Verheyen
Owen Kenny
Thomas Hajek
Sam Parsons
Nicholas Waslander

Sabine Cornell
Hazel Dowling
Adeline Latour
Holly Ryan
Teagan Gawne
Claire Parsons
Jackson Golisky
Max Moser
Anna Vurma
Lorelei Angus
Braunwyn Strickland
Seraphine Dubeau
Sofia Smith



Finn Dodgson-SOD Team Coach

Kudos



Madison Fraser-SOD Team Coach



Scott Dowling-SOD Team Co-ordinator



FISU Games
Lucerne
Dec 11-21, 2021

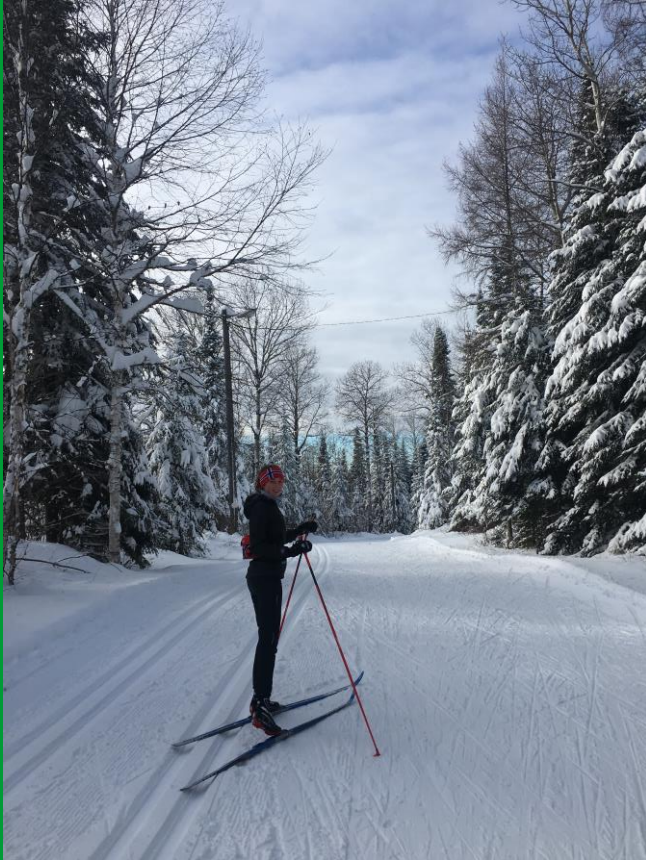
Alexander Maycock
Alec MacLean
Shaylynn Loewen

Nipissing University
University of Guelph
Lakehead University

Katja Mathys
Jack Sasseville
Bryan DuBeau

Team Leader
Coach
Technician

Future Directions



Provide support to clubs as we enter a post-COVID world

Provide advocacy as our sport can be a leader in maintaining fitness

Ensure that we continue to provide top-notch programming to all levels of our membership

Increase communications through social media



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