



Canada Winter Games 2019 Ontario Team Criteria Able Bodied & Para-Nordic

Canada Winter Games Competition	<p>The following are the events scheduled for the 2019 Canada Winter Games in Red Deer, AB Feb 24-March 3, 2019:</p> <p><u>ABLE BODIED:</u></p> <ul style="list-style-type: none">• Sprint, free technique (top 30 qualify to quarterfinal)• Interval Start, Free technique (Men 10km, Women 7.5km)• Mixed Team Relay – classic technique• Mass start classic race (Men 15 km, Women 10 km) <p><u>PARA-NORDIC:</u></p> <p>Sitting</p> <ul style="list-style-type: none">• Interval start 2.5km, fastest first• 600-800m (top 8 to the finals)• Interval start 5km <p>Standing</p> <ul style="list-style-type: none">• Free Technique Interval start 2.5km, fastest first• 900-1200m (top 8 to the finals)• Classic Technique, Interval start 5km
ON Team Goals	<p>Ontario has a long history of top level performances at Canada Winter Games. At the previous Games in Prince George, BC, Ontario brought home the prestigious CWG Flag (top province/territory at the Games) at least partly due to our depth and consistency in cross country skiing. Our objective is to continue the tradition with the best racers in the province.</p>
Ontario Team at the 2019 Canada Winter Games	<p>The Ontario Canada Winter Games team will consist of:</p> <ul style="list-style-type: none">• Five men and five women. Two additional men and two additional women will be named as alternates in case of injury or sickness to a team member• Four Para Nordic athletes. Up to two additional PN athlete may be named depending on the reallocation of PN athletes Canada wide (to be determined)• The Support Staff for Team Ontario 2019 includes:<ul style="list-style-type: none">• Lead Coaches: Camille Cheskey & Victor Wiltmann• Wax Technician: Felix Vezina• Para-Nordic Coach: Patti Kitler• Team Manager: Liz Inkila



Eligibility: Athletes	<p>The following is extracted from the Canada Winter Games Technical Package:</p> <ul style="list-style-type: none">• All athletes must be CCC licensed members of an Ontario club at the time of the selection races <p><u>ABLE BODIED:</u></p> <ul style="list-style-type: none">• Competitors 20 years of age and under (born in 1999 or after), plus a maximum of one competitor 23 years of age and under (born 1996 to 1998, inclusive) <p><u>PARA-NORDIC:</u></p> <ul style="list-style-type: none">• Year of Birth: Athletes born 1984 or later.* <p>*In keeping with the objective of targeting athletes within the Training to Compete (TTC) level of the LTAD, age exceptions may be provided to Para-Nordic athletes born prior to 1984 whose athlete development level is consistent with TTC. The CGC and CCC recognize that an age-dependent criterion may not adequately reflect the entry of the athlete into Para-Nordic skiing due to late onset disabilities through injury or medical condition. CCC's Para-Nordic Committee in cooperation with the CGC will consider these special cases up to December 1, 2018. a Province/Territory may only receive 1 age exemption per gender for the 2019 Games and only if there are no other available athletes who meet the age category. Athletes selected through the reallocation policy must meet the age category, no exemptions will be granted.</p> <p>Note that no athlete can be rendered ineligible within 90 days of the opening of the Games due to performance in a World Cup, World Senior Championship or Olympic Winter Games (i.e., no athlete will be rendered ineligible for any of the above after November 10, 2018).</p> <p>Further eligibility information can be found in the CWG Technical package http://cccski.com/getmedia/d8933cde-84c8-48f6-b26a-3374d114cef7/2019-Technical-Package_Cross-Country_V8-0_2014-11-01.pdf.aspx</p>
Eligibility: Coaches	<p>The Lead Coach on the official registration form must be certified under the National Coaching Certification Program (NCCP) Competition stream, Development context (Certified status), or Level 4 fully certified in the old NCCP in Cross Country Ski. These coaches must be so certified not later than 90 days before the opening of the Games (November 10, 2018).</p> <p>Assistant coaches and the Para-Nordic designated coach on the official registration form must be certified under the National Coaching Certification Program (NCCP) Competition stream, Development context (Trained status), or Level 4 fully certified in the old NCCP in Cross Country Ski. These coaches must be certified / trained not later than 90 days before the opening of the Games (November 10, 2018).</p>



<p>Ontario Team Selection Event</p>	<p><u>ABLE BODIED:</u></p> <p>The selection races for the Ontario Canada Winter Games team (AB) for 2019 will take place at Ontario Cup #2 in Thunder Bay, Ontario on January 4 - 6, 2019. The races to be used for team selection are:</p> <ul style="list-style-type: none">• Free technique - sprint• Free technique, individual start• Classic Mass <p>IMPORTANT NOTE: Please indicate your CWG eligibility when registering on Zone4. Junior Boys/Junior Girls who wish to qualify for CWG must race up into the CWG categories.</p> <p><u>PARANORDIC:</u></p> <p>The selection races for the Ontario Canada Winter Games team (PN) are to be determined.</p>
<p>Selection Criteria Able Bodied</p>	<p><u>ABLE BODIED:</u></p> <p><u>World Jr/U23 Pre-selection:</u></p> <p>Athletes who qualify for World Jr/U23 Championships will be pre-selected to the CWG ON Team. An athlete's intent to represent ON at CWG will need to be declared by noon Friday, December 21, 2018.</p> <p><u>CWG Trials selection:</u></p> <p>All remaining selections will be based upon rankings of the age eligible (U23) athletes at the qualification events specified.</p> <ol style="list-style-type: none">1. The top male athlete & top female athlete by total sprint ranking will be named to the CWG Ontario Team 2019. Sprint ranking will be determined by ranking in the qualifier + ranking in the heats based on age eligible placings. A tie in total sprint ranking will be broken by the heat ranking.2. The top male athlete & top female by placing in each of the 2 distance races will be named to the CWG Ontario Team 20193. The remaining positions on Team Ontario for the 2019 Canada Winter Games plus alternates will be selected based on descending order of the athletes' total ordinal ranking in each of the 3 races <p><u>U23 Tie Breaker:</u> If more than 1 U23 athlete is selected based on the above, the following in order will be used to break a tie</p> <ul style="list-style-type: none">• Total placing in each of the 3 races with the sprint final ranking being used for the sprint day• If using #1 doesn't break the tie, the 2nd highest ranking will be used• If using #1 & 2 doesn't break the tie, the athletes' 3rd highest ranking will be used• If using all of the above doesn't break the tie, the combined CPL from all 3 races will be used <p><i>Note: if a U23 athlete is pre-selected and declares their intent to represent</i></p>



	<p><i>ON at CWG, there will be no U23 athlete selected at CWG Trials. The availability of a U23 spot will be announced prior to the race entry deadline. If more than 1 U23 athlete is selected to the Canadian U23 Championships team, the CCC ranking list produced from World Jr/U23 Trials will be used</i></p> <p><u>Tie Breaker:</u> If a tie results in athletes selected through #3 above, the following in order will be used:</p> <ul style="list-style-type: none">• Total placing in each of the 3 races with the sprint final ranking being used for the sprint day• If using #1 doesn't break the tie, the 2nd highest ranking will be used• If using #1 & 2 doesn't break the tie, the athletes' 3rd highest ranking will be used• If using all of the above doesn't break the tie, the combined CPL from all 3 races will be used <p><u>PARA-NORDIC:</u></p> <p>The 4 allocated positions will be as follows:</p> <ul style="list-style-type: none">• Top male standing and top male sitting by total time in the two designated selection events.• Top female standing and top female sitting by total time in the two designated selection events. <p>Any PN positions reallocated to Team Ontario for the 2019 Canada Winter Games will be selected based on the performance ranking in each category. Priority will be given to those categories which have greater potential to achieve Ontario's objectives at CWG.</p>
Force Majeure	<p>A force majeure may be considered where an athlete who due to health related or equipment breakage reasons was unable to race to their fullest potential. A force majeure will only be considered where there are performance measures in the current competitive season which clearly demonstrate a top ranking position. Athletes must continue to demonstrate competitive readiness to be considered.</p> <p>Complete documented details must be submitted to admin@xcskiontario.ca within 24 hours of the race completion in which the force majeure event occurred.</p>
Selection Criteria in Event of a Cancellation	<p><u>ABLE BODIED:</u></p> <p>In the event of a cancellation at the selection races, the team will be selected based on the results the remaining races held. In the event, that no races are held at CWG Trials, Ontario Cup #3 will serve as the qualifying event. Specific criteria will be published within 3 business days of the cancellation of the first race weekend.</p> <p>In the event that neither of the selection weekends are held, team selection will be based on athletes' standing on the most current CPL available as published by CCC which may include early season FIS NorAm races. Please</p>



check www.ccski.com for the national event schedule for more information.

PARA-NORDIC:

In the event of a cancellation of one of the selection races, the team will be selected based on the results of the one event held.

In the event that none of the selection races are held, team selection will be based on athletes' standing on the most current PN points list available as published by CCC from the 2017-2018 season with a minimum of 2 PN CPL points races appearing on the points list. Additionally, athletes must demonstrate a commitment to training for the 2018-2019 ski season. This will include having attended a minimum of 2 training camps.