

Cross Country Ski Ontario Parental/Guardian Code of Conduct

Preamble

The sport of cross country skiing provides opportunities for families to enjoy the outdoors while maintaining fitness and pursuing a sport for life. Parents and guardians are essential to the development of skiers and athletes in our sport.

Expectations of Parents & Guardians

- Support the sport of cross country skiing
- Encourage athletes to compete by the rules and resolve conflicts without resorting to hostility or violence
- Stress and demonstrate the importance of effort and commitment
- Avoid parental-imposed pressures to win
- Be supportive of the athlete, team, coach, opponents and officials
- Respect the decisions and judgments of officials and encourage athletes to do the same
- Maintain a supportive, constructive atmosphere conducive to the athletes' personal development
- Refrain from negative communications with athletes, coaches, officials and wax technicians
- Encourage fair play across all aspects of the sport of cross country skiing
- Abide by the rules and guidelines established as per waxing protocols for varying age groups and events