



Cross Country
Ski Ontario



2018 Euro B Tour

NTDC Thunder Bay and Cross Country Ski Ontario in collaboration with CCBC, CNEPH, and AWCA will be leading a Euro B Tour race experience. Target level of development L2C, T2C, T2W (ages 18 and up)

Euro B Tour Goals:

1. To compete in an environment which will allow for learning
2. Test yourself against the best Junior /U23s in Europe
3. Strong results
4. Athlete growth

The trip will be led by XCSO Program Lead Victor Wiltmann & NTDC Assistant Coach Camille Cheskey. Additional support will be sourced if necessary based on # of athletes.

Tentative Schedule	
Monday, Feb 5	Depart Ottawa
Tuesday, Feb 6	Arrive Munich
Saturday/Sunday, Feb 10/11	Klosters – Swiss Cup
Friday-Sunday, Feb 16-18	Zwiesel – OPA Cup
Saturday/Sunday, Feb 24/25	Oberstdorf - German Nat'l Championships
Monday/Tuesday, Feb 26/27	Depart Munich/Arrive home airport

XCSO will subsidize this trip for ON CCC licensed skiers of up to 50% of actual costs to a maximum of \$2500. Minimum trip subsidy will be \$1500.

A trip deposit of \$1000 will be required to secure a spot with the balance to be paid in full post trip. All travel logistics will be organized through XCSO/NTDC.

Estimated cost:

EXPENSES	
Flight	\$ 1200
Accommodation/food	\$ 2500
Vehicle rental/gas/parking/tolls	\$ 700
Race entry Fees	\$ 150
Trail pass	\$ 100
Wax	\$ 350
Athlete costs	\$ 5000

Team size: Target team size is 10, however, this will be dependent on support staff.

A ranking list will be created using the combined CPL attained in races at the World Junior/U23 Trials of:

Best 1 of the 2 distance races

- Sunday, January 7 – classic interval start
- Tuesday, January 9 – skiathlon

Best 1 of 2 sprint races

- Saturday, January 6 – classic sprint
- Monday, January 8 – free sprint

Only skiers who have attained at least 95% of their IPB in one of the races will be included in the ranking list. The ranking list shall consist of the sum of their race CPL divided by the appropriate IPB for each of the best distance and sprint race.

An example of the list is as follows.

Skier	Best Distance			Best Sprint			Total %	Rank
	CPL	IPB	%	CPL	IPB	%		
Peter	94	95.5	98.4%	92	96.5	95.3%	193.8%	1
Jane	82	84	97.6%	92	96	95.8%	193.5%	2
John	91	93.5	97.3%	85	94	90.4%	187.8%	3
Sam	88	89.5	98.3%	80	90	88.9%	187.2%	4

Discretionary selection of athletes who experience a force majeure, illness or equipment breakage will be considered if necessary.

In the event of race cancellation, an alternate selection process will be published

International Performance Benchmarks					
Category	Age Dec 31	Distance Women	Sprint Women	Distance Men	Sprint Men
JrM/W_1	18	86,5	89,0	89,5	90,0
JrM/W_2	19	88,5	91,0	91,5	92,0
Sr/U23_1	20	90,5	93,0	93,5	94,0
Sr/U23_2	21	92,0	94,0	94,5	95,0
Sr/U23_3	22	93,0	95,0	95,0	96,0
SR_4	23	94,0	96,0	95,5	96,5
SR_5	24	94,5	96,5	96,0	96,5

Questions: please contact Victor Wiltmann coach@xcskiontario.ca or Camille Cheskey xccheski@gmail.com.