

2016 NORTHERN ONTARIO DISTRICT AGM
Saturday October 1, 2016

Location:

Walden Cross Country Fitness Club
1 Denis Ave, Naughton, ON P0M 2M0

NOD Executive Board Members: Board openings were emailed to the NOD clubs and a request for nomination was also forwarded.

Position	2015-16	2016-17	2017-18
Chair (2 yr)	John LaBine (yr 1)	John LaBine (yr2)	
Vice-Chair*	Andrew Kendall	Open	
Secretary	Maria Story	Open	
Treasurer	Lise LeBlanc	Open	
Coaching Coordinator	Toivo Koivukoski	Open	
Officials Coordinator	open	Open	
Youth Coordinator	Amy Wheeler Reich	Open	
High Performance Coordinator (3yr)	Mike Kornell (2015)		
High Performance Coordinator (3yr)	Amy Wheeler Reich (yr1)	Amy Wheeler-Reich (yr2)	Amy Wheeler-Reich (yr3)
Para-Nordic Coordinator		Open	
Past Chair – (non voting)	Patti Kitler	Patti Kitler	
Other officers – created by board	Mary Woodell		

NOD Board Member Club Representative: Please forward club representative to the Secretary.

Name	City	Tentative Representative
BioSki Cross Country Ski & Snowshoe Club	Sudbury	
Blind River Cross Country Ski Club	Blind River	Sally Hagman
Capreol Cross Country Ski Club	Hanmer	
Cochrane Cross Country Ski Club	Cochrane	
Englehart Nordic Ski Club	Englehart	Liz Robataile
Hearst Cross Country Ski Club	Hearst	
Iroquois Falls Cross Country Ski Club	Iroquois Falls	
Kapusking Nordic Skiers	Kapusking	
Laurentian Nordic Ski club	Sudbury	Patti Kitler
Manitoulin Nordic Ski Club	Little Current	
Maple Ridge Trails	Spring Bay	
Mattagami Cross Country Ski Club	Smooth Rock Falls	
North Bay Nordic Ski Club	North Bay	Toivo Koivukoski

NOD AGM Meeting Notes – October 1, 2016

Onaping Falls Nordics Ski Club	Dowling	
Pinestone Resort Trails Ski Club	Haliburton	
Porcupine Ski Runners	Timmins	John Labine
Soo Finnish Nordic Ski Club	Sault Ste. Marie	Joanna MacDougall
Temiskaming Nordic Ski Club	Temiskaming Shores	Maria Story
Walden Cross Country Fitness Club	Naughton	Mary Waddell
Wawa Cross Country Ski Club	Wawa	

Voting entitlements: Every member in attendance at meeting is eligible to vote. Members that hold membership in multiple clubs are allowed only a single vote. There shall be no proxy votes. Six (6) members are required for a quorum.

2016 NOD AGM Agenda:

1. Roll Call
2. Approval of Agenda
3. Approval of Minutes of Previous AGM (2015)
4. NOD Chair and Coordinators reports
5. Treasurer's Report
6. Budget:
 - a. Setting of NOD Ski fee's for 2017-18 ski season.
 - b. NOD Fee for OCup Races held in NOD
7. Club Reports [please submit report to chair or Secretary]
8. Amendments to By-Laws
9. Elections: A person does not need to be present to be nominated and/or elected to an executive and/or club member board position. Board has the right to appoint members to the executive if spots are available.
10. Any other business:
 - a. Youth festival initiative
 - b. NOD AGM date (vote)
 - c. Other items
 - d. Communication (emails, document management)
 - e. Officials
11. Adjournment

NOD AGM Meeting Notes

1. Roll Call
 - a. Tanya McCubbin – North Bay Nordic
 - b. Lise LeBlanc – Onaping Falls Nordic
 - c. John LaBine – Porcupine Ski Runners
 - d. Maria Story – Temiskaming Nordic (teleconference)
 - e. Joanna MacDougall – Soo Finish Nordic
 - f. Mary Waddell – Walden Nordic
 - g. Cassandra Nielsen – Soo Finish Nordic
 - h. Amy Wheeler Reich – Soo Finish Nordic (teleconference)

2. Approval of Agenda

Motion to accept the agenda as presented.

Motion by Lise LeBlanc

Seconded by : Mary Waddell

All in favour .

3. Approval of Minutes of Previous AGM (2015)

Motion to accept the minutes, prepared by Patti Kitler, from the 2015 NOD AGM.

Motion to accept the minutes as prepared by: Lise LeBlanc

Seconded by: John LaBine

All in favour.

4. NOD Chair and Coordinators Reports

NOD Chair: John LaBine

A. Memorial:

Doug Cuddy an amazing volunteer from Soo Finnish passed away July 13th, 2016. He gave many hours to Soo Finnish and anyone who needed help. Donations to heart and stroke are being accepted.

Kevin Reinhardt from Blind River.

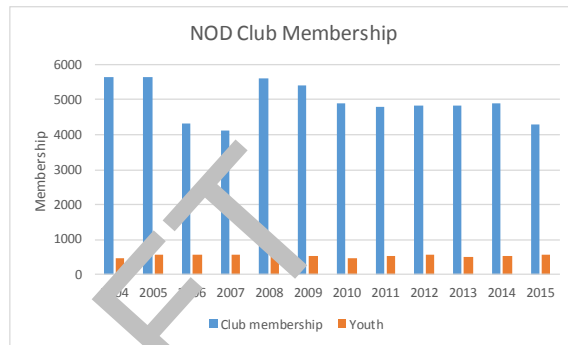
Club registration data:

Club - NOD	Location	2015-16
BioSki Cross Country Ski & Snowshoe Club	Sudbury	198
Blind River Cross Country Ski Club	Blind River	108
Capreol Cross Country Ski Club	Hanmer	172
Cochrane Cross Country Ski Club	Cochrane	162
Englehart Nordic Ski Club	Englehart	41
Hearst Cross Country Ski Club	Hearst	157
Iroquois Falls Cross Country Ski Club	Iroquois Falls	88
Kapuskasung Nordic Skiers	Kapuskasung	172
Laurentian Nordic Ski club	Sudbury	410
Manitoulin Nordic Ski Club	Little Current	28
Maple Ridge Trails	Spring Bay	
Marathon Cross Country Ski Club	Marathon	63
Mattagami Cross Country Ski Club	Smooth Rock Falls	4
North Bay Nordic Ski Club	North Bay	576
Onaping Falls Nordics Ski Club	Dowling	87
Porcupine Ski Runners	Schumacher	771
Soo Finnish Nordic Ski Club	Sault Ste. Marie	339
Temiskaming Nordic Ski Club	Coleman Township	336

Walden Cross Country Fitness Club	Naughton	645
Wawa Cross Country Ski Club	Wawa	8
Total		4365

NOD Data Analysis

Year	Club membership	% change	Youth
2004	5630		476
2005	5648	0.3	558
2006	4322	-23.5	546
2007	4125	-4.6	571
2008	5596	35.7	595
2009	5407	-3.4	540
2010	4884	-9.7	453
2011	4809	-1.5	530
2012	4822	0.3	554
2013	4818	-0.1	503
2014	4886	1.4	515
2015	4365	-10.7	548



- Nipissing Lakers, with the help of Nipissing University, created a race team that will support NOD racers. They will provide race support, training and wax support at OCups, Nationals and other racers. They had a successful first year.
- CCO has started a new branding and website initiative – This will hopefully bring more attention to Nordic skiing in Ontario and bring all district information to one location.
- Congratulations go out to Toivo Koivukoski (Nipissing University) for being selected as the 2017 FISU ski team coach – Well deserved!

Coaching Coordinator: Toivo Koivukoski

The NOD Junior Lakers team is running strong again this year, with Nipissing University providing a paid coaching position (Dave Nighbor) and facilities to the team. We had team testing camps at the start of summer and the start of the new school year, and our skiers are making gains. We now support 3 skiers from Soo Finnish, 2 from PSR, 1 from TNT, and 4 from NBN, training and racing alongside the varsity athletes. (Interesting development- our rowing team headed by Dr. Dean Hay of the Physical and Health Education program just got varsity status, with 3 of our varsity skiers now shared with that team, presently at a regatta at Trent; as before, other skiers are shared with the varsity XC running team led by Dr. Graydon Raymer, also of the School of PHED.)

We will be hosting a training camp and our uphill roller ski time trial Nov. 11, 12, 13, with zone4 registration going up soon. We'd love to have more skiers join us for that camp!

We are coordinating with CCO and CCC on our Foret Montmorency training camp, Nov. 14-20. It looks like

NOD AGM Meeting Notes – October 1, 2016

we'll have a time trial there on Nov. 18. Please let me know if you have athletes from other teams who want to jump into that!

Walden is attempting to get a Sudbury Racing Team as well. The NOD Junior Lakers Team is not funded by NOD.

Officials Coordinator: open

Youth Coordinator: Cassandra Nielsen (see Cassandra's report attached)

Discussion regarding how to get more youths involved. Ideas such as an NOD Ski Carnival were discussed. Facebook is a good way to get news regarding skiing out. It is a quick way to get immediate information out.

Cassandra: Do we want to have a specific event hosted by NOD geared to youth?

John: PSR does not want to finance an event for NOD at Soo Finish? We have an NOD Facebook page. It could be used more effectively to advertise the events that are available.

Cassandra: Do we want to develop an application for an event? Lise: not yet. Let's evaluate this year. We would have to have strict guidelines if we were going to start hosting an NOD sanctioned event.

Lise: Maybe start to put the ideas together.

Cassandra: We need to have all the club events on Facebook

ACTION: John will prepare a procedure for how to get your event promoted and distributed via the NOD webpage.

ACTION: Cassandra will prepare a poster for the promotion of youth events at the club level.

Bunnies						
		2015:B	2014:B	2013:B	2012:B	2011:B
Blind River	NOD	3				
Hearst Ski Club	NOD	5			0	7
Iroquois Falls	NOD	6	1	1		
Laurentien	NOD	14	18	11	0	12
North Bay	NOD		32	14	30	23
Porcupine Ski Runners	NOD		20	18	0	22
Soo Finnish	NOD			0	35	31
Temiskaming	NOD	8	5	6	9	10
Voima	NOD				0	5
Walden	NOD	17	20	20	12	13

Jackrabbit						
		2015:J	2014:J	2013:J	2012:J	2011:J
Blind River	NOD					
Hearst Ski Club	NOD	15			21	14
Iroquois Falls	NOD	17	17	23		
Laurentien	NOD	35	28	28	36	15
North Bay	NOD	105	71	82	83	75

NOD AGM Meeting Notes – October 1, 2016

Porcupine Ski Runners	NOD	58	39	18	35	32
Soo Finnish	NOD	106	104	94	65	95
Temiskaming	NOD	36	35	41	46	36
Voima	NOD				0	15
Walden	NOD	35	35	41	39	51

Track Attack						
		2015:TA	2014:TA	2013:TA	2012:TA	2011:TA
Blind River	NOD					
Hearst Ski Club	NOD				0	0
Iroquois Falls	NOD	0		0		
Laurentian	NOD	22	20	15	18	17
North Bay	NOD		12	20	15	9
Porcupine Ski Runners	NOD	36	10	18	10	8
Soo Finnish	NOD	13	27	47	55	23
Temiskaming	NOD	4	6	6	15	9
Voima	NOD				16	0
Walden	NOD	13	15	0	14	8

Total Youth						
		2015:Total	2014:Total	2013:total	2012:Total	2011:Total
Blind River	NOD	3	0	0	0	0
Hearst Ski Club	NOD	20	0	0	21	21
Iroquois Falls	NOD	22	18	24	0	0
Laurentian	NOD	71	66	54	54	44
North Bay	NOD	105	115	116	128	107
Porcupine Ski Runners	NOD	94	69	54	45	62
Soo Finnish	NOD	119	131	141	155	149
Temiskaming	NOD	48	46	53	70	55
Voima	NOD	0	0	0	16	20
Walden	NOD	65	70	61	65	72

High Performance Coordinator (3yr): Amy Wheeler-Reich (2015 yr1) and Mike Kornell

O'Cup Race Series:

Date	Races	Location
Dec 28-30	OCup 1	Lappe, Thunder Bay
Jan 7-10	World Jr/U23	Soldier Hollow, Utah
Jan 14-15	OCup 2	Highlands, Collingwood

Feb 3-5	Easterns / Ocup 3	Ottawa, ON
Feb 10-12	ParaSport Championships	
Feb 18-20	OCup 4	Temiskaming Nordic
Feb 24-26	OUA	Midland – host U. Waterloo
Feb 29 – March 1	OFSAA	Timmins
March 4-5	Ontario Midgets Championships	Kawartha Nordic
March 18-25	Nationals	Canmore, AB

John would like to see the Master’s events posted on the CCO website.

Para-Nordic Coordinator: Alice Hearn-Flanigan (no report provided)

MOTION to accept the Chair and coordinator reports as presented by: Maria Story

Seconded by: Joanna

All in favour.

5. Treasurer’s Report and 2017 Budget Discussion

Lise reviewed her budget from 2016 (see attached document). Elite athlete bursary went to Alana and Colin Cameron. Athletes also received funding for attending OCups and Nationals. Thank you card was received from Hannah Story-Korman for NODs support of her endeavors.

MOTION to accept the 2016 budget by Lise LeBlanc

Seconded by Cassandra Nielsen.

All in favour

We need to set the NOD fees for the season:

John: If we charge \$1 per person, we could maintain our budget without a deficit. The investment that we have now will expire in 2018. The interest rate is 2.9%. There was some discussion regarding the funds which NOD has in investments and the cash which they have in the bank.

ACTION: The executive should consider our finances and how to invest the money sitting in the bank.

CCO will administer a NOD fee increase. This simplifies the acquisition of this fee.

MOTION to charge \$1 NOD fee for the 2017/2018 ski season by Mary Waddell

Seconded by Lise LeBlanc.

All in favour.

2017 Budget discussion.

We can’t assume we will get any money from CCO.

Revenue is predicted at \$1615.

Added \$1000 as revenue to the budget for the NOD fee for races.

The 2016/17 budget was discussed.

Last year the athlete’s received 60% for OCups and 40% for Nationals.

Some discussion regarding funding for travel to the NOD AGM. Executive members have received funding in the past but not club members who are not executive members. However, it was decided

that there should be some compensation for all people who travel to the AGM, executive or not executive.

There was also discussion regarding whether NOD should continue to maintain their website. We have already paid the fee for this year but we should transition into using the CCO Website which will have a page for NOD (see Item 9 e. below).

MOTION to provide \$0.15 per km for club members who attend the NOD AGM by Cassandra Nielsen

Seconded by Lise LeBlanc

All in favour

Joanna: We need to make the eligibility criteria clear on the CCO NOD webpage regarding athlete bursaries.

Joanna: Why do the athletes have to attend all OCups to obtain a bursary?

ACTION: John to send the criteria which were used last year to determine the bursaries, to the executive, by the end of October.

MOTION that NOD will charge \$2 per race for OCup race hosted within the NOD district by Mary

Seconded by Cassandra Nielsen

All in favour

MOTION to accept Budget reports as presented by Cassandra Nielsen

Seconded by Tanya McCubbin

All in favour

Lise: I have an issue with signing authority. She needs someone who is close by to do this job. The bank is the Bank of Nova Scotia. Currently, Patti has signing authority. We will have to double check the constitution. We will approve Lise as having signing authority, however, this has to be done by the executive.

ACTION: Lise to add another signing authority to the bank account.

6. Club Reports

A few clubs submitted reports. It would be nice to have a greater number of reports.

Name
BioSki Cross Country Ski & Snowshoe Club: Sudbury
Blind River Cross Country Ski Club: Blind River
Capreol Cross Country Ski Club: Hanmer
Cochrane Cross Country Ski Club: Cochrane
Englehart Nordic Ski Club: Englehart
Hearst Cross Country Ski Club: Hearst
Iroquois Falls Cross Country Ski Club: Iroquois Falls
Kapuskasing Nordic Skiers: Kapuskasing
Laurentian Nordic Ski club: Sudbury
Manitoulin Nordic Ski Club: Little Current

<p>Maple Ridge Trails: Spring Bay</p> <p>The “Maple Ridge Trails” club on Manitoulin Island is a very new club. We are still getting the zone4 process completed. We did not hold any events. This summer & next year we will plan some fun events. Our club logo is attached. Your idea of the stamped pamphlet for lappets would fun for some people.</p> <p>Judy Olacke</p>
<p>Mattagami Cross Country Ski Club: Smooth Rock Falls</p>
<p>North Bay Nordic Ski Club: North Bay</p>
<p>Onaping Falls Nordics Ski Club: Dowling</p>
<p>Pinestone Resort Trails Ski Club: Haliburton</p> <p>Haliburton Highland Nordic Trail and Ski Club:</p>
<p>Porcupine Ski Runners: Timmins:</p> <p>club offers snowshoe and cross country ski rentals – hosting OFSAA Nordic from Feb 27 to March 1, Ski Swap and Waxing service is scheduled for November 11th and 19th weekend, PSR Loppet is scheduled for early March.</p>
<p>Soo Finnish Nordic Ski Club: Sault Ste. Marie</p>
<p>Temiskaming Nordic Ski Club: Coleman Township.</p> <p>TNSC hosts 18 kilometres of groomed trails for both classic and skate technique. Our membership is relatively stable from year to year but we are noticing an increase in day-use fees. This past year we hosted the third OCup which was well attended and well received. We plan to submit a bid for another OCup for the 2016/2017 season.</p>
<p>Walden Cross Country Fitness Club: Naughton</p> <p>1. Club report:</p> <p>Walden Cross Country Fitness Club enjoyed another successful winter, despite the late start to the season. Our membership numbers are stable year over year and we had an increase in day use numbers this year. We had full enrolment in our backcountry, bunnyrabbit and Track programs and have had an excellent response to our ‘Ski School’ program for elementary students, with every school day booked from January until season’s end. Attendance at our annual Woolly Hippo Race and Beaver Lake Loppet continues to go up each year, along with our increasingly popular ‘Tuesday Nights under the Lights’ series of 4 races where we give the ski community a chance to try classic distance, freestyle sprint, skiathlon and ‘headlamp only’ race formats. We are proud of our Youth Racers’ successes and personal achievements at OCup races and local community races. We are also proud of Alannah and Isabelle MacLean’s successes as they continue to race for Walden with the National Development Training Centre and Carleton University, respectively.</p> <p>2. No memorials to report</p> <p>3. Logo files are attached - both a higher resolution one and a 'thumbnail' version, not sure which you need.</p> <p>4. The stamps pamphlet/poster idea sounds fun. Not sure how much it will encourage NOD skiers to venture to other loppets beyond what they might have anyway, but certainly worth a try if the costs are minimal and the process is easy for clubs to accommodate.</p> <p>all the best,</p> <p>Karen Broughton WCCFC Membership</p>
<p>Wawa Cross Country Ski Club: Wawa</p>

ACTION: Cassandra to prepare a template for club reports.

ACTION: John to check the list of clubs which CCO provided. Some members didn't feel that the list was accurate.

7. Amendments to By-Laws

No amendmetns to by-laws are required at this time.

8. Elections

A person does not need to be present to be nominated and/or elected to an executive and/or club member board position. Board has the right to appoint members to the executive if spots are available.

2016/17 NOD Executive Board Members

Position	2015/2016	2016/2017
Chair (2 yr)	John LaBine(2015)	John LaBine (yr2)
Vice-Chair*	Andrew Kendall	open
Secretary	Maria Story	Maria Story
Treasurer	Lise LeBlanc	Lise LeBlanc
Coaching Coordinator	Toivo Koivukoski	Toivo Koivukoski
Officials Coordinator		Mary Waddell
Youth Coordinator	Amy Wheeler-Reich	Cassandra Nielsen
High Performance Coordinator (3yr)	Mike Kornell (2013) Amy Wheeler-Reich (2014)	Mike Kornell
Para-Nordic Coordinator	Alice Hearn-Flanigan	Open
Past Chair – (non-voting)	Patti Kitler	Patti Kitler

Motion to accept the executive by Tanya McCubbin

Seconded by Maria Story

All in favour.

9. Any other business:

- a. Youth festival initiative (see discussion above)

For now, we will leave "as is" and promote the existing events. The NOD will not offer funding for events or one special event at this time. Although, we could consider some sort of funding for events. This needs to be discussed further. Anyone interested could start to put ideas together.

- b. NOD AGM date (vote)

Discussion around moving the NOD AGM earlier in the year. Year-end is August 31st. This could be changed. Let's keep it in the fall for now.

ACTION: Have a scheduled conference call 2 (or so) weeks after the CCO AGM.

ACTION: Maria to provide the GoToMeeting invitation to Amy to distribute to the clubs prior to this conference call.

c. Communication (emails, document management)

We need one email address that sends and receives everything. The information that Cassandra has received isn't that accurate. The information was from CCO.

ACTION: Amy to help with this. Patti and Lise are the administrators of the current NOD Facebook.

ACTION: Patti or Lise to set-up Amy as an administrator of the NOD Facebook.

Maria: Where are the NOD documents currently saved?

Lise: Financial information is at Lise's. Lise probably has the longest history.

ACTION: Lise will set-up Google Drive for the documents and the youth initiative.

ACTION: John to enquire with CCO to determine what they can do for NOD in this regard.

d. Website

Website Fee Discussion: This won't be necessary any more since CCO has created a new website which will have a page for NOD.

ACTION: Amy Wheeler Reich will put the information on the NOD page once it is available.

ACTION: John LaBine to let Amy know when the page is available.

e. Officials

Mary: CCO has decided that there will be no high-fluoro wax at OCups on classic skis. FIS is looking at maximum height for class poles (83% of your height). Cross-country Canada has adopted this for their upcoming season 2016/17.

f. Conflict of Interest Form

ACTION: John will send the document out to all the executive to sign and return to the Secretary as pdf. These can be emailed to maria.story@gmail.com.

10. Adjournment

Mary Waddell motion to adjourn at 1:17. Seconded by Cassandra Nielsen.
All in favour.

11. Next AGM

September 30, 2017, in Sudbury location to be confirmed. To start at 11:00 am.

**Northern Ontario District Budget
Sept 1, 2016 to Aug 31, 2017**

	Revenue	
Administration	\$ 15.00	
Youth Skill Dev Program	\$ 1,600.00	
Ocup Revenue	\$ 1,000.00	\$2.00 per race
Total	\$ 2,615.00	
	Expenses	
Administration	\$ 500.00	AGM travel \$.15 km
Webpage	\$ 150.28	
CCO AGM Travel	\$ 1,500.00	
Youth		
Coaching Development	\$ 1,000.00	to set guidelines
Officials Courses/Training	\$ 500.00	to set guidelines
Contingency fund	\$ 500.00	
Athlete Coaching Support	\$ 4,000.00	to set guidelines
Elite Athlete Bursary	\$ 1,000.00	
Total	\$ 9,150.28	
Balance (deficit)	(6,535.28)	