

## **Cross Country Ski Ontario Statement on No Double Pole Zones**

CCC Events Committee have met to discuss the topic above.

For the upcoming season consideration was given to widespread implementation and the conclusion reached was that it is appropriate for Tier 1 Competitions.

It is too late to effectively implement for NORAMs before Christmas so the frequency of choice of Double Poling only in Classic races will be monitored and fed back to the committee.

While it is expected the course topography will police the situation at other Tier 1 competitions No DP Zones will be announced and marked for Easterns and Nationals.

For those who are not aware of the regulation I have it below:

ICR 310.2.1.4: The jury may ban the use of specific techniques on marked sections of the course. All infractions will be reported to the jury."

The implementation is to include a notice (Race Notice, Web site, TCM) which states

"The competition jury has decided to use zones where only diagonal technique with diagonal movements of both arms and legs are allowed.

In diagonal technique only one pole is in the ground at any time. All other techniques are not allowed."

So the regulation is there and it is at the option of an OC and TD whether to implement it for a particular race.

I believe this situation is very clear but if you wish further discussion I'd be pleased to be involved.

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